



# SENIOR SCHOOL

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# INTRODUCTION



The Co-Curriculum program at Girton Grammar provides our students with opportunities for personal growth through a variety of excellent activities. Involvement in the co-curriculum allows students to build friendships and develop team work with other Girton students; this relationship with students, teachers and parents within the Girton Community develops a positive connectedness to the school.

Over time students develop their leadership skills through opportunities which exist to coach or manage junior teams.



At Girton Grammar School, our co-curricular activities from Years Preparatory to Twelve cater for students with a range of interests. We have eighteen separate sporting activities with some, such as netball and basketball catering for more than twenty teams. We have a variety of leadership activities, community service and a vast assortment of opportunities in the Performing Arts; ranging from orchestras and choirs, actors' studio and productions through to classical ballet.

Currently we offer approximately sixty co-curricular activities from which the students can choose. These activities are offered in the following sections:

- **Leadership**
- **Public Speaking**
- **Sport**
- **Community Service**
- **Performing Arts**

Each co-curricular activity has a staff member as its Manager in Charge (MiC). Some activities, particularly the team sports, also have coaches, student leaders, and team managers.

Students in the Senior School who achieve excellence in the co-curriculum are eligible to be awarded with 'Colours', in recognition of their skills and contributions to the activity.

We welcome parents who would like to assist as a coach, assistant or manager and encourage you to contact the Head of Co-curriculum, for further information.

Girton Grammar School requires students to be involved in at least two co-curricular activities, one of which may be community based. Further details are included on the next page.



## AIMS OF THE CO-CURRICULUM

- Provision of an environment where the pastoral care of students is paramount
- Provision of caring teachers who have the vision and leadership to assist in the development of each student to attain their best and to become fine citizens
- Provision of a diverse but sustainable range of activities in sport, the arts, hobbies, service and leadership.

All students are invited to sample a breadth of activities. While it is not compulsory for students to undertake any one type of activity, it is recommended students involve themselves in multiple activities during their time at Girton, including the opportunity to assume leadership roles within these activities.

It is compulsory for students from Years 7-11 to be involved in two co-curriculum activities. Year 12 students must be involved in one co-curriculum activity.

## COMMUNITY BASED ACTIVITIES

Students may be involved in one Girton co-curriculum activity and one other activity outside of Girton. Students will be able to use a 'Community' based activity if they satisfy the following criteria:

- Be involved in the activity at least once a week
- Receive coaching (if a physical activity)
- Apply directly to the Head of Co-Curriculum

A written application must be provided by parents

and the activity/sports leader prior to acceptance of the activity as part of the co-curriculum.

Involvement in the local community is important and we do not want students to be involved in the Girton co-curriculum at the expense of being connected to the local community. Students must submit a signed form explaining their commitment to the activity (time, training, goals and achievements) and ask for it to be counted as a Community Involvement Activity (C.I.A.).

Students must reapply each year. This form will be mailed to all new students; current students can locate the form on the Girton Portal. If a student demonstrates a serious commitment to their community sport/activity it will be considered part of the Girton co-curriculum. The application may be subject to approval by the Headmaster.

For a student to select one community based activity they must already be enrolled in a current Girton co-curriculum activity. Activities which would be accepted are:

- Sporting Clubs
- Community Service
- Performing Arts groups

These are examples of the activities which would be acceptable community activities as part of the Girton Co-curriculum. If you have further enquiries please contact the Head of Co-Curriculum or their Personal Assistant Ms Holly Speed.

# THE COLOURS AWARD SYSTEM



The Colours Award System recognises and rewards **excellence** in co-curricular areas of the School.

**Half Colours** are the highest achievement awarded in Years 7, 8 and 9.

(FULL) **Colours** are the highest achievement awarded in Years 10, 11 and 12.

**House Colours** are ranked equally with Co-Curricular Colours. The awarding of Colours takes place at Speech Night.

## Criteria for Co-curricular Colours/Half Colours

- a. Demonstrated excellence in the skills of the activity in the School is the major criterion.

The excellence is a matter of judgement by the Colours Committee who take into account such matters as Regional Representation, Awards or events won, etc. The student must have availed of all or most opportunities to demonstrate his/her excellence in School events, for School teams or in the context of the School.

- b. Excellence in behaviour, etiquette, sportsmanship and the like.
- c. Team spirit, co-operation and dedication to rehearsals or training and to the activity.
- d. Punctuality, attendance, excellence in dress and grooming.
- e. Assistance to coach/manager and to those younger or less experienced.

## Criteria for House Colours/Half Colours

- a. Breadth of commitment to the Co-Curriculum generally and to the House.
- b. Other measures include:
  - punctuality
  - reliability
  - willingness to take on extra duties
  - appropriate grooming, uniform and presentation
  - regular attendance
  - enthusiasm
  - consideration for others
  - initiative
  - helpfulness
  - any other behaviour or attitudes believed relevant.
- c. Involvement must be across a range of co-curricular activities. The range should include many of:

- House activities and competitions
- Performing and Creative Arts including Public Speaking
- Sport
- Clubs
- Service and community activities.

Students submit their own Colours application form in Terms 3 and 4. These are reviewed by the Colours Committees which variously include Senior Staff, the Heads of House, the Head of Co-Curriculum and the Head of Pastoral Care.

The Headmaster has the power of veto to be exercised if he considers any candidate unworthy, by reason of poor behaviour or presentation, to carry the honour under consideration.

## Pocket embroidery example

The bottom left pocket of the student's blazer is embroidered with the emblem of the category in which they have received their award. Underneath is the year in which they received the award.



A diagonal braid on a lower blazer pocket indicates a Junior School House Captain/Vice Captain.



House Colours are indicated by the embroidery of the House Shield. Under this is the year they were awarded. White thread indicates Half Colours (Year 7,8 and 9). Gold thread indicates Full Colours (Years 10, 11 and 12).



Co-curricular colours are indicated by the embroidered emblem of the co-curric, followed by the year in which they are awarded. Again, white embroidery represents Half Colours and gold embroidery represents Full Colours.



The emblem of the state of Victoria underneath a co-curricular emblem indicates the student represented their State in this field. Likewise the emblem of Australia indicates the student reached National representation level in a given field.

# SENIOR SCHOOL CO-CURRICULUM

## VENUES & TIMES - 2021

### SPORT / RECREATIONAL ACTIVITIES

Activity	Level	Term	MIC	Venue	Day	Start	Finish
Aerobic Gymnastics	7-12	1-4	Mrs B Vernon	JE Higgs Hall	Thursday	5.00pm	6.00pm
Badminton	7-12	1-4	Mrs D Itter	Eaglehawk Stadium	Friday	3.45pm	5.45pm
Basketball	7-12	1-4	Mrs D Tunzi Mr J Vehlen	Training: Girton Gym Games: Bendigo Stadium	Training: Mon/Wed/Thu/Fri Games: Mon/Tue/Wed/Fri	3.45pm 5.00pm	5.45pm 10.30pm
Duke of Edinburgh	9-12	1-4	Mr G Crickmore	N12	Tuesday	Lunchtime	
Equestrian	7-12	1-4	Mrs N James	Various	Weekends	Various	Various
Girton Racing Team (HPV, EEV, SEMA, Cycling)	7-12	1-4	Mr N Vernon	Various	Tue/Wed/Thu/Fri/Sun	3.45pm	5.30pm
Girton Runners Club	7-12	1-4	Mr J Giudice	Girton Gymnasium	Wednesday	7.00am	8.00am
Group Fitness	7-12	1-4	Miss K Nicholls	C6 & C7	Friday	7.00am	8.00am
Kayaking	7-12	1&4	Ms K Barton	Lake Weeroona/ Crusoe Reservoir	Tuesday	4.00pm	5.15pm
Hockey	7-12	1-3	Miss H Speed TBC	Training: Girton Gym Games: Ashley St Hockey Complex	Training/games: Monday Game times alternate	4.00pm	8.30pm
Netball	7-12	1-3	Mrs L Gibson (Strathdale) Mrs C Hamilton (Squad)	Training: Girton Gym / BSE Games: BSE	Training: Mon / Wed Training: Fri Games: Mon/Tue Games: Fri/Sat	7.15am 3.45pm 1.25pm 6.30pm Various	8.15am 6.00pm 2.20pm 8.30pm Various
Officiating / Umpire / Referee	7-12	1-4	TBC	Various	Various	Various	Various
Rowing	7-12	1&4	Mrs J Dillon	Lake Weeroona	Wednesday	4.00pm	6.00pm
Squash	7-12	1-4	Dr A Itter	Bendigo Squash Centre	Tuesday	3.35pm	5.00pm
Table Tennis	7-12	1-4	Mr D Williams	Eaglehawk Stadium	Friday	3.45pm	5.45pm
Tennis Lessons	7-12	1-4	TBC/ Mr S Storer	Bendigo Bank Tennis Complex and Girton	Tuesday	Evenings	Evenings
Volleyball	7-12	1-4	Mrs D Tunzi & TBC	Training: Girton Gym Games: Bendigo Stadium	Yr 7,8,9 training: Tuesday Yr 10,11,12 training: Tuesday Games: Thursday	3.45pm 5.00pm 5.00pm	5.00pm 6.00pm 10.30pm
World Challenge	9-11	1-4	Mr G Crickmore	NFB Lecture Theatre	Meetings advertised in Daily Bulletin	Lunchtime	Lunchtime
Yoga	7-12	1-4	Ms T Dempster	Scout Hall	Tuesday	7.15am	8.15am

# SENIOR SCHOOL CO-CURRICULUM

## VENUES & TIMES - 2021

### PERFORMING ARTS / MUSIC ACTIVITIES

Activity	Level	Term	MIC	Venue	Day	Start	Finish
Backstage Club	7-12	1-4	Ms J Grech	Black Box	Monday	Lunchtime	Lunchtime
Chamber Ensemble	7-12	1-4	TBC	Various	Various	Various	
Christopher Field Strings	7-12	1-4	Miss R London	PA 05/06	Tuesday	Lunchtime	Lunchtime
Dance, Classical Ballet (RAD Syllabus)	7-12	1-4	Mrs L Arnel	Dance Studio	Monday - Friday (To be determined)	After School	After School
Girton Chamber Choir	7-12	1-4	Ms J Schatzle	PA 02	Thursday	Lunchtime	Lunchtime
Girton Concert Choir	7-12	1-4	Mrs S Martin	PA 02	Monday	Lunchtime	Lunchtime
Girton Flute Ensemble	7-12	1-4	Ms E Hamilton	PA14	Wednesday	Lunchtime	Lunchtime
Girton Singers	7-12	1-4	Mrs L Dussejee	J.E Higgs Hall	Tuesday	7.45am	8.40am
Guitar Ensemble	7-12	1-4	Mr J McGuffie Mrs A Begg	Various	Various	Various	
Music Lessons & Recitals	7-12	1-4	Various	Various	Various	Various	
One Act Play	7-12	1	Mrs J Jackson	Black Box & JE Higgs Hall	Tuesday and Thursday	3.45pm	5.00pm
Senior Concert Band	7-12	1-4	Dr M Lichnovsky	PA 03	Tuesday	Lunchtime	
Senior School Production	7-12	1 & 2	Ms M Ellison	Black Box	Various	Various	
Speech Night Production Item	7-11	3&4	Mrs J Jackson	Black Box	As required	Various	
Stage Make-up	7-12	1-4	Ms A Forko	Black Box Dressing Room	Tuesday	3.45pm	5.00pm
String Orchestra	7-12	1-4	TBC	Black Box	Thursday	7.45am	8.30am
Symphony Orchestra	7-12	1-4	Mr S Vine	PA 02/03	Monday	3.45pm	5.00pm
The Girton Big Band	7-12	1-4	Dr M Lichnovsky	Black Box	Friday	Lunchtime	Lunchtime
The Girton Jazz Band	7-12	1-4	Mr J McGuffie	PA Percussion Room	Monday	Lunchtime	Lunchtime
Theatre Technicians	7-12	1-4	Mr J McMillan	J.E Higgs Hall	Tuesday	3.40pm	5.00pm
Vocal Stage Craft	7-12	1-4	Ms J Schatzle	PA02	Wednesday	Lunchtime	Lunchtime
Wind Symphony	8-12	1-4	Mrs J Vine and Mr D Martin	Black Box	Tuesday	Lunchtime	Lunchtime

# SENIOR SCHOOL CO-CURRICULUM

## VENUES & TIMES - 2021

### PERSONAL DEVELOPMENT / SERVICE ACTIVITIES

Activity	Level	Term	MIC	Venue	Day	Start	Finish
A Sporting Chance Program	9-12	1-4	Mr J Doherty	MacKenzie Street Tennis Court & HQ	Tuesday Thursday	3.45pm 4.15pm	4.45pm 5.15pm
Artscope	8-12	1-4	Mrs C Knowles	N 04	Tuesday	4.00pm	5.45pm
Chess	7-12	1-4	Mrs R Kristenson	M 17	Thursday	3.45pm	4.45pm
Community Involvement Activity	7-12	1-4	TBC	Various	Various	Various	Various
Cre@te I.T.	7-12	1-4	Mr J Phillips	PA04	Wednesday	3.45pm	4.45pm
Creative Textiles	7-12	1-4	Mrs A Crickmore	M 02	Tuesday	3.45pm	5.00pm
Debating	7-12	1-4	Mrs K Barton	N 26	Thursday	Lunchtime	
Dungeons & Dragons	7-12	1-4	Dr C Maslunka	M05	Wednesday & Thursday	3.45pm Lunchtime	4.45pm
Girton Community Action Group (GeeCAG)	7-12	1-4	Mrs M Naughton	M 15 / M 16	Tuesday (week 1) Wednesday (week 2)	Lunchtime	
Girton Service Group	7-12	1-4	Mrs C Phillips	N 17	Monday - Thursday	Lunchtime	
Girtonian School Magazine	10-12	2-4	Mrs C Clark	N26	Wednesday	Lunchtime	
Leo Club	7-12	1-4	Mrs A Crickmore	N 27	Thursday Cycle 1	Lunchtime	
Lions Youth of the Year	12	1	Mrs A Downing	Various	Various	Various	
Public Speaking	7-12	1-4	Mrs W Wastell	N 27	Tuesday	Lunchtime	
Radio Goo Goo	7-12	1-4	Mr D Williams	M 11	Thursday	TBC	TBC
Scale & Game	7-12	1-4	Mr S Langan	M 16	Friday	Lunchtime	
Service to HoD, MIC, HoH	7-12	1-4	TBC	Various	Various	Various	
Student2Student Mentor Program with The Smith Family	8-9	2-3	Mrs W Wastell	Various	Various	Various	
Tournament of Minds (TOM)	7-10	2 & 3	Mrs V Bath	Junior School Library	Thursday	3.30pm	4.30pm
Writers' Group	7-12	1-4	Ms J Marks	N 27	Thursday or Friday	Lunchtime	



## A Sporting Chance Program

MiC - Mr John Doherty

Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓

A Sporting Chance Programme is an inclusive sport and physical education programme aimed specifically at young individuals who have an Autism Spectrum Disorder (ASD). The concept is to help the participants learn the skills, rules and language of a variety of sports commonly played in Australian schools.

Participants socialise with their peers in a fun environment whilst learning new skills and improving their fitness. Girton Grammar School senior students act as coaches/mentors for the participants of the program. The student coaches then teach sport specific skills to young people with an ASD.

One session per week involves the coaches only and is dedicated to the theoretical and practical aspects of inclusive PE teaching whilst the second session is at 'the coal face' coaching the student athletes. The activities include Perceptual & Fundamental Motor Skills Circuits, Fitness Circuits, Basketball, Soccer, Aussie Rules Football, Cricket, T-Ball and Mini Tennis. The Girton Grammar student coaches are expected to attend both sessions per week.

**Terms:** 1-4

**Times:** Tuesday 3.45 – 4.30pm  
Thursday 3.45 – 5.15pm

**Venue:** HQ / Junior School Oval

**Max.** 16 places

**Cost:** Free of charge

**Apply:** Directly to Mr Doherty please.



## Aerobic Gymnastics

MiC - Mrs Belinda Vernon

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

All students are placed into teams according to age and ability levels. Participants will represent Girton at the Aeroschools State Championships in Melbourne.

The training uniform is as follows- Students are to wear comfortable shorts or leggings which allow for plenty of movement. Sneakers must also be worn. Competition uniform will be a school leotard, shimmer tights, white ankle socks and white sneakers for the female students. The male students will require a school recommended singlet top, shorts, white ankle socks and white sneakers.

Training sessions are to be held in the J.E. Higgs Hall.

Commitment is for 1 year.

The classes will work on set routines in small groups to be performed at Aeroschools State Championship, with the option for some students having the opportunity to compete at National Aeroschool Championships on the Gold Coast if they qualify. No previous experience is necessary.

Terms: 1-4

Times: Thursday evenings 5.00-6.00pm

Cost: Registration fee of \$5 and then approximately \$75 per ten week term. Competition costs will be charged as appropriate.



## Artscope

MiC - Mrs Carol Knowles

Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓

This co-curricular activity provides an opportunity for creative types to extend their Visual Arts skills in congenial company each Tuesday afternoon between 4.00pm and 5.45pm, in Room NO4.

In addition to the usual art activities such as keeping a drawing book, sketching out of doors, experimenting with different art styles, techniques and materials students will also be involved in supporting the exhibition of student artwork around the school buildings.

This co-curricular activity is an opportunity to focus on a specific task over two or three sessions, and the year will begin with the making of images based on the school surroundings and the CBD. It is also an activity where students are expected to have suggestions for art activities to explore.

All artists above Year Seven are welcome to join ARTSCOPE but there is a limit of 12 students and those students must be prepared to learn new skills and to bring equipment with them, as well as to pay \$20 per semester for use of some school art materials. Please contact Mrs Knowles if you have any queries.

**Terms:** 1-4  
**Times:** Tuesday 4.00pm-5.45pm  
**Venue:** Room NO4  
**Max:** 12 places  
**Cost:** Approximately \$20 per term  
**Apply:** Directly to Mrs Knowles



## Backstage Club

MiC - Ms Joanne Grech

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Backstage Club members are happy to support others in the spotlight. This co-curric is for passionate Drama students who love the buzz of working in the theatre, off stage as well as on. This group of organised and self-motivated students run the set changes for all the major school productions and learn to manage the 'front of house'.

This co-curricular activity involves students meeting fortnightly as needed at lunchtime with occasional weekends and late evenings during production time. Backstage students wear long black pants and a long-sleeved black top during a production.

If more than ten members apply, an interview process will be conducted to determine successful applicants.

**Terms:** 1-4  
**Times:** Monday lunchtime  
**Venue:** Black Box  
**Max:** 10 places  
**Cost:** Free of charge  
**Apply:** Directly to Ms Grech



## Badminton

MiC – Mrs Dianne Itter

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

An opportunity to learn a new skill in a friendly competition graded on ability level. Quality Badminton coaching is provided to assist student development. Opportunities exist for students to represent Girton in the ICCES and School Sport Victoria interschool competitions.

**Terms:** 1-4. Commencing 19th February 2021

**Times:** Friday after school. The bus departs Girton Gymnasium at 3.45pm and returns at 5.45pm

**Venue:** Eaglehawk Badminton Stadium

**Max:** 23 participants

**Cost:** Approximately Term 1 \$45; Term 2 \$65; Term 3 \$65; Term 4 \$65



## Basketball

MiC – Mrs Deirdre Tunzi & Mr Jarred Vehlen

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Grammar School Basketball Club fields boys' and girls' teams from both the Junior and Senior School. The teams play in the Bendigo Basketball Association competition, mainly at the Bendigo Stadium. Through the Braves Excellence Program all students can develop their basketball skills at training through the expert help and advice of Bendigo Braves and Spirit players who attend team training. The Club also offers Senior School students the chance to coach junior teams. Parents are encouraged to be involved as team managers, scorers and supporters.

Commitment is for a season.

**Terms:** Summer Season: Terms 4 & 1

Winter Season: Terms 2 & 3

**Times:** Training and game times vary.

**Venue:** Training at Girton Gymnasium, games are held at The Bendigo Stadium

**Cost:** \$20 per season plus \$100/season for the Braves Excellence program. Under 10s \$7/Game, \$9/game juniors, \$11/game men's



## Chamber Ensembles

MiC – TBC

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Various chamber ensembles form throughout the school year. The ensembles available in any year are based on the mix of skills and strengths of current students. These ensembles are designed to give students who are already playing in an orchestra or concert band the opportunity to extend their repertoire and experience in the Chamber Ensemble setting. Students are encouraged to make suggestions as to the composition of an ensemble and liaise with the MiC in the practical matters of rehearsals and repertoire.

**Terms:** 1-4

**Times:** Various

**Venue:** Various

**Cost:** Free of charge

**Apply:** Directly to Shari Williams



## Chess

MiC – Mrs Robyn Kristenson. Instructor Mr Terry Mills

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Play chess and have some fun, record games, share and analyse moves, study games of Grandmasters.

Affiliate with Bendigo Chess Club (provides an avenue for entry into rated tournaments run by Chess Victoria and the Australian Chess Federation) Compete in a Girton Chess Championship. A chance to represent Girton in the annual ICCES Chess competition.

**Terms:** 1-4

**Times:** Thursday 3.45- 4.45pm

**Venue:** M17



## Christopher Field Strings

MiC - Miss Rachel London

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Christopher Field Strings is suitable for students with ability ranging from beginner to intermediate. This ensemble rehearses weekly and covers a range of repertoire from the classics to the contemporary and helps students prepare for the more advanced ensembles.

**Terms:** 1-4

**Times:** Tuesday Lunchtime

**Venue:** PA 05/06

**Cost:** Free of charge

**Apply:** Directly to Miss Rachel London



## Community Involvement

MiC - Head of Co-Curriculum

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

A great number of students are involved in an activity or sport in their local community (non-school based activity). Many of these sports, classes and community activities may count towards Girton's co-curricular programme, providing they involve a regular time commitment. Involvement in our local community is important and Girton students are encouraged to participate in local community groups as well as school based co-curriculum.

For a Community Involvement activity to count towards your co-curricular commitment, students must already be enrolled in a current Girton co-curriculum activity. Secondly, they must submit a **Community Involvement Activity** form to the Head of Co-Curriculum explaining their engagement level to the sport/class/activity (eg. time, training, goals, and achievements); students must re-submit the form each time/term/year that they want the activity to count towards their co-curricular commitment.

In some cases the application may be subject to approval by the Headmaster.

Activities which would qualify are:

- I. Sporting Club Involvement
- II. Community Service
- III. Performing Arts groups

If you have further enquiries please contact the Head of Co-Curriculum or Ms Speed in the Gym Office.

**Terms:** 1-4

**Note:** A maximum of ONE Community Involvement Activity is permitted per term. The other activity should come from the Co-Curriculum offered within the School.

**Community Involvement Form** (available from the Gym office) must be completed and returned to Mr Slater.

See further explanation on page 3 of this booklet.



## Cre@te I.T

MiC – Mr John Phillips

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

This fun, enterprising activity involves producing digital imaging work including webpages, coding, design, 2D animation, photography, digital drawing, image editing in Photoshop, sound recording and editing, script writing, and video production just to name a few!

Technical play and team collaboration are also part of the program.

**Terms:** 1-4

**Times:** Wednesday 3.45pm-4.45pm

**Venue:** PA04

**Cost:** Free of charge



## Creative Textiles

MiC - Mrs Allison Crickmore

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Students have the opportunity to learn construction of garment processes and surface embellishment skills. Students discuss with the teacher their proposed project before the designated sewing sessions. Students purchase the materials needed for the sessions and this includes thread in the appropriate colour. Students have the opportunity to learn to read a commercial pattern and follow the given instructions to construct garments. Other projects include doll making, patchwork and appliqué quilts and cushions, knitted scarves and transforming second hand clothes into new garments or accessories.

**Terms:** 1-4

**Times:** Tuesday 3.45pm-5.00pm

**Venue:** M02

**Cost:** Free of charge



## Dance

MiC – Mrs Linda Amel

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

**Classical Ballet** classes will be offered to students in 2021. This is to be used as a guide only as days and times are subject to change depending on enrolments:

**Terms:** 1- 4

**Times:** Classical Ballet (RAD Syllabus): Monday - Friday after School to be advised.

All classes are available to boys and girls from Year 7 - 12. Students are welcomed and encouraged to take the syllabus examinations but this is not compulsory. There is a dance concert at the end of the year; in November; for students to showcase their work to parents and friends. Please note a minimum of five students is required for each class to run.

**Venue:** Dance Studio

**Cost** per participant for Classes:

1 hour class \$229.50 per semester.

1.25 hour class \$239.70 per semester.

1.5 hour class \$249.90 per semester.

1.75 hour class 260.10 per semester.



## Debating

MiC - Mrs Kathryn Barton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

This activity meets once a week, all year. The basic skills of debating are introduced and discussed. Students form teams in which they feel comfortable and begin to take some small risks as they begin to debate. Some research is required to prepare for formal debates outside and inside the school. Generally speaking, meetings are used to discuss strategies and prepare debates for the competition. Ideas are shared and students are encouraged to join teams and support research for the debates.

Debaters have the opportunity to participate in the Debaters' Association of Victoria (DAV) which educates students on how to debate formally. DAV is an externally organised competition against other schools in the district. A small fee is charged for student involvement. Junior and Senior Debating Teams compete in the ICCES Debating Competition at the beginning of Term 3. Generally speaking, this is a low cost activity. Official Girton Debating Team badges are available for those students who debate on school teams.

**Terms:** 1-4

**Times:** Thursday Lunchtime at 1.20pm

**Venue:** N26

**Level:** 7-12

**Cost:** Free of charge excluding external debating competitions



## Duke of Edinburgh

MiC - Mr Graham Crickmore

Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓

The Duke of Edinburgh Awards Scheme is an internationally recognized scheme involving students from the age of 14 onwards. Students complete self-chosen activities in a number of areas. It is a scheme of personal goal setting, self-discipline and achievement in the areas of:

- I. Physical Activity,
- II. Service to the Community,
- III. Expeditions/ Adventurous Journey (hikes), and a
- IV. Skill (either something the student already does or a new skill the student wishes to develop).

Expeditions/hikes are organized by the school and operate during the school holidays. Students work through the three (3) Awards: Bronze Year 9, Silver Year 10 and Gold Year 11 and Year 12.

<http://www.dukeofed.com.au/>

**Terms:** 1-4

**Times:** Tuesday Lunchtime

**Venue:** N12

**Cost:** Approximately \$260



## Dungeons & Dragons

MiC - Dr Christopher Maslunka

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Dungeons and Dragons, a fantasy role playing game where the dice reign supreme. In the D&D co-curricular activity, you are the main character of the story. Create a character and join in the fray as our Dungeon Master guides you through a strange and wonderful world. The game is tonnes of fun and perfect for anyone who enjoys fantasy, roleplaying, acting, or tabletop games. We invite you to try it out! We have limited spaces so applying early is ideal.

**Terms:** 1-4

**Times:** Wednesday 3:35-4:45pm, Thursday Lunchtimes

**Venue:** M05

**Cost:** \$5 a semester for supplies



## Equestrian

MiC - Mrs Nicole James

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Interested students may compete in teams or individually in a variety of Inter-School competitions, both local, regional and interstate. Competitions are generally conducted under Pony Club or EFA regulations so it is an advantage if a student is a member of a Pony Club. The Uniform is the School tie, white shirt, School jumper, cream/banana jodhpurs, riding boots and approved helmet. Students must have a Girton Grammar School saddle-cloth for competitions.

Teams are decided primarily on availability and then on Pony Club Grading. Meetings are announced via the Bulletin some time prior to an event to ascertain students who are interested in competing. Students and their families are responsible for making their way to and from the competitions. Most competitions include Dressage and Show-Jumping, and some other events.

**Terms:** 1-4

**Times:** Various

**Venue:** Various

**Cost:** There will be entry cost for each competition



## Girton Chamber Choir

MiC - Ms Jennifer Schatzle

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Chamber Choir is a select mixed choir of 10 - 15 singers who perform a wide range of works. They will perform at Performance Assemblies, Foundation Day and other functions. The music selected will be arranged for at least three parts (SAB). The singers will be selected on their confidence in part-singing and how the voices sit within the group. Entry is by audition.

**Terms:** 1-4

**Times:** Thursday Lunchtime

**Venue:** PA02

**Cost:** Free of charge



## Girton Community Action Group

(GeeCAG) MiC - Mrs Melinda Naughton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Community Action Group - (GeeCAG) has been formed to raise awareness of the needs of refugees living in the Bendigo region and will offer support directly to an existing community group called 'Bendigo Mentors and Friends'. This group works very closely with Bendigo Community Health Services (BCHS), who have the contract to provide settlement support services and case management to recently arrived refugees. For example, they receive notification of the arrival of new families so as to be able to coordinate donation of warm clothing as well as requests for additional blankets from the BCHS Case Worker/s.

The role of GeeCAG will include the following:

- Collecting and coordinating donations of second hand quality winter clothing for newly arrived refugee families.
- Fundraising to purchase bedding to supplement what we receive in donations and what they receive as part of their government funded household package.
- Fundraising to purchase basic essential items for newly arrived refugees such as: socks, underwear, purses/ wallets.
- Raising awareness in the Girton School Community of the issues faced by settling refugees in our own communities.

**Terms:** 1-4

**Times:** Tuesday (week 1) Wednesday (week 2) lunchtime

**Venue:** M15/M16

**Cost:** Free of charge



## Girton Concert Choir

MiC - Mrs Simone Martin

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Concert Choir is the largest mixed voice choir at Girton Grammar School and focuses on contemporary and world music.

Major performances include Performance Assemblies, ANZAC Day, the Senior School Ensembles Spectacular, and Speech Night. A commitment to the weekly rehearsal schedule throughout the school year is required.

**Terms:** 1-4

**Times:** Monday Lunchtime

**Venue:** PA 02

**Cost:** Free of charge



## Girton Flute Ensemble

MiC - Ms Effie Hamilton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Flute Ensemble is a small extension ensemble available to students who are already participating in Symphony Orchestra or Concert Band. In this ensemble students have the opportunity to try out the piccolo, alto and bass flutes and to build on their musical skills and repertoire.

**Terms:** 1-4

**Times:** Wednesday Lunchtime

**Venue:** PA14

**Cost:** Free of charge



## Girton Racing Team

(HPV, EEV, SEMA, Cycling)

MiC – Mr Nigel Vernon

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Racing Team (GRT) is divided into Human Powered & Energy Efficient Vehicles (HPV/EEV) teams, Australia's first and only secondary school Shell Eco Marathon team (SEMA) and Cycling.

### What is the Girton Racing Team (GRT)?

Bike riders meet each Thursday afternoon on Girton grounds to ride a combination of sealed and gravel tracks along the Bendigo Creek Trail and the O'Keefe Rail Trail. Basic bike skills are required. Terrain will range from sealed paths to longer stretches of gravel. Gravel and mountain bikes are most suited to this style of riding. Weekend, longer rides will be planned. Parents and Carers are welcome to participate.

HPV/EEV riders/drivers meet each Friday and some Sunday sessions at a combination of the Tom Flood Sports Centre and the Bendigo Go-Kart Track. Students learn about the design, building and maintenance of their vehicle as well as the running of a successful racing campaign at 6, 8, 12 and 24-hour events. Students interested in competing in HPV and EEV events will have the opportunity to apply for team selections. The GRT competes in a number of race events in Victoria, including the Bendigo Grand Prix and the Maryborough 24-hour Energy Breakthrough. As in previous years, the GRT may compete in South Australian events also, if interest supports.

SEMA team members work on all facets of the design, build, testing and international event campaign involving the entry of an energy efficient vehicle in a test of greatest recorded distance from the least amount of energy. The SEMA team meet at Girton each Tuesday for workshop build sessions, then again Thursday's for team meetings and test and train their Shell Eco Marathon entry on some weekends.

GRT members are welcome, but not expected to actively engage in all areas of the GRT.

**Terms:** 1-4

**Times:** SEMA Team (Tuesday, Thursday & some weekend testing), HPV/EEV (Friday & some Sunday training), Cycling (Thursday ride). All sessions between 3.45pm and 5.30pm

**Venue:** SEMA Team (Girton, Tom Flood), HPV/EEV (Tom Flood, Bendigo Go Kart track), Cycling (Bendigo Creek Trail, O'Keefe Rail Trail)

**Cost:** \$50 per Term fee plus event attendance fees for those opting to compete.

## Girton Runners Club

MiC – Mr Jacob Giudice

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Girton Runners Club is an active, healthy, club for students to improve their physical fitness and mental endurance through the ancient art of running.

Students challenge themselves by participating in fun runs throughout the year. Some potential runs for 2021 include Zaidee's Mad Cow Mud Run (Shepparton), Run for the Kids (Melbourne), The O'Keefe Challenge (Bendigo) and the Bendigo Fun Run (Bendigo).

Senior students (Years 9, 10, 11 and 12) are encouraged to participate in the City2Surf event in Sydney. The 14km run is an amazing spectacle and one of the largest organized Fun Runs in the world. In 2021 the event will take place on the 8th of August. In order to secure the best travel arrangements for the group a financial commitment will be required in term 1.

Girton Runners Club meet every Wednesday morning at the Girton gymnasium for a training run. Training runs are supportive, social and challenging. The group leaves at 7am to run the surrounding neighbourhoods. Runs vary between 6 and 10 kilometres depending on individual fitness levels and goals.

The co-curricular activity caters for all levels of fitness, from beginners to elite runners. Students participating in Girton Runners Club are expected to be:

- Committed and dedicated to training
- Committed to improving fitness levels (one run on Wednesday morning is insufficient for this)
- Courteous by informing the MiC, via email, if they cannot attend training for any reason

**Terms:** 1-4

**Times:** Wednesday 7.00am-8.00am

**Venue:** Meet at the Girton Gymnasium



## Girton Service Group

MiC - Mrs Christine Phillips

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Students assist school staff with odd jobs around the School. These includes tasks such as sorting, filing, scanning and laminating documents and photographs, reading to very young students, assisting with sports days, packing marketing material into envelopes, sorting and servicing camping equipment. This is a good activity for those students who find it difficult to attend co-curricular activities after 3.30pm.

**Terms:** 1-4

**Times:** Lunchtimes, usually Monday to Thursday. Students usually assist twice a week.

**Venue:** N17 (meetings) and at various sites around the School.

**Cost:** Free of charge



## Girton Singers

MiC - Mrs Laura Dusseljee

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Singers, an award winning ensemble, is an all-female choir. There are no auditions but members are expected to commit to attending rehearsals regularly and to participating in performances as required.

The Choir enjoys singing in a range of styles and languages and has a special interest in performing contemporary Australian repertoire.

Performances include but are not limited to School Assemblies, Foundation Day, Speech Night, Bendigo Competitions and Royal South Street competitions.

**Term:** 1-4

**Times:** Tuesday 7.45am-8.40am

**Venue:** J,E Higgs Hall

**Cost:** Free of charge



## Girtonian - School Magazine

MiC - Mrs Caryn Clark

Year 10	Year 11	Year 12
✓	✓	✓

Students help with the production of the school's annual magazine, The Girtonian. The magazine has an overarching theme each year which the student committee is involved in devising. The magazine was first produced in 1929.

The task of the Committee is to follow the school's annual calendar of events to capture a year in the life of our school both pictorially and with reports. A major requirement of the committee is ensuring quotes, articles and reports from various events, captains and vice captains are submitted on time. They also ensure all Houses and year levels are well represented.

If a student has a high level of competency in design software, they may apply to create the magazine's cover. As this is an archival document, the School is the ultimate arbiter in the design of the magazine.

Mrs Caryn Clark is Editor of the Senior School content.

Mrs Rachelle Fisher is Editor of Junior School content.

**Terms:** 2, 3 & 4

**Times:** Wednesday lunchtime

**Venue:** N26

**Max:** 12 places (2 per house)

**Cost:** Free of charge



## Group Fitness

MiC - Miss Kristy Nicholls

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Group Fitness incorporates cardiovascular and strength training for those interested in improving personal fitness, training for another sport or enhancing general health and wellbeing. Group Fitness caters for all fitness levels and provides the opportunity to work at your own level. Any student from Years Seven to Twelve is welcome to participate. Please bring a towel and a drink.

- Terms:** 1-4  
**Times:** Friday 7.00am-8.00am  
**Venue:** C6 & C7  
**Cost:** \$5 per term



## Guitar Ensemble

MiC - Mr Josh McGuffie

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Guitar Ensemble program at Girton is streamed to four different levels dependent upon student experience and ability. The program caters for absolute beginners right through to those playing at VCE level and beyond.

The 'Carulli Collective' (MiC Mrs Begg) is Girton's foundation ensemble and introduces students to reading notation and fundamental technique.

The 'Rodrigo Ensemble' (MiC Mrs Begg) is an intermediate ensemble that caters to students who may have some experience playing the guitar. This ensemble continues to focus on musical literacy and solidifying technique.

The 'Segovia Ensemble' (MiC Mr McGuffie) is Girton's larger ensemble for advancing students. At this level, students are expected to be competent sight readers and to have a strong core technique.

The 'Bream Quartet' (MiC Mr McGuffie) is an extension of the 'Segovia Ensemble' and features Girton's highest level guitarists. Students in the quartet are expected to be outstanding sight readers with an excellent technique and be willing to extend themselves via complex and challenging repertoire.

All of Girton's Guitar Ensembles prepare and perform engaging and varied repertoire that reinforces core literacy and technique at every stage. Collaboration is encouraged, and ensembles may work together to prepare items for Ensemble and Recital evenings. Students will be given the opportunity to immerse themselves in music from a range of time periods and cultures across the globe. New students to Girton will be streamed to an appropriate ensemble based upon consultation between Mr McGuffie, Mrs Begg and Mr Vine. Students who wish to move to a more advanced ensemble may apply in writing to that ensemble's MiC.

- Term:** 1-4  
**Times:** Various  
**Venue:** Various  
**Cost:** Free of charge  
**Apply:** Directly to Mr McGuffie



## Hockey

MiC -Ms Holly Speed & TBC

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Girton aim to enter mixed Under 13, 15 and 17 teams into the Winter Season, HCV Pennant Competition.

Students are required to purchase the Girton Hockey Uniform from the Bob Stewart Uniform Shop. If required hockey sticks can be borrowed from the school. Students are not permitted to take the field without shin guards and a mouth guard. Training will begin in Term 1.

Students have the opportunity to represent Girton in hockey at the Sandhurst Division sports day in term 3 and at the ICCES Winter Tour in Shepparton in Term 2.

**Terms:** 1-3

Under 13s & Under 15s

TRAINING Monday 4.15-5.15pm.

GAMES alternate on Monday at 6.30pm, 7.30pm and 8.30pm

Under 17s

TRAINING Monday from 4.15-5.15pm

GAMES alternate on Monday at 5.30pm, 6.30pm and 7.30pm.

**Venue:** Garden Gully Reserve

**Cost:** Approximately \$210



## Kayaking

MiC - Ms Kathryn Barton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Sessions will be conducted at Lake Weeroona on a Tuesday afternoon during terms 1 and 4. Mr Bill Barton will be the Head Coach of kayaking. His role will be to assist new paddlers learn the art of kayaking and to prepare students for competition. Kayaks and buoyancy vests will be supplied. Students are to wear their Girton sports uniform and a hat.

**Terms:** 1&4

**Times:** Tuesday 4.00pm -5.15pm

**Venue:** Lake Weeroona/ Crusoe Reservoir

**Cost:** Approximately \$120



## LEO Club

MiC - Mrs Allison Crickmore

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

This is a service club which organises fund raising activities for various charities. Students are also expected to assist organise the Winter Solstice Day and Celebration Day.

**Term:** 1-4

**Times:** Thursday Lunchtime Cycle 1

**Venue:** N28

**Cost:** Free of charge



## Lions Youth of the Year

MiC - Mrs Alisoun Downing

*“The aim of the Youth of the Year is to encourage personality development, self-confidence and expression, citizenship and leadership in our young people at a time when they are about to enter employment or higher education.”*

*Youth of the Year Quest mission*

Year 12



Girton Grammar School has entered Year Twelve leaders and aspiring leaders into the Lions Youth of the Year Quest for many years. After filling out a six-page application form, the students are invited to an interview, at which they have the opportunity to impress a panel of judges and gain a majority of their total score. Throughout the interview process contestants respond to questions on current affairs and general knowledge. At the club dinner, they must then respond to two impromptu questions with a two minute speech on each, as well as present their five minute prepared speech.

There are two awards presented: Club Youth of the Year Finalist, who is invited to represent the club at the next round of the competition, and Club Public Speaking Award, which can be won by any of the contestants. Potentially, candidates can proceed to a National Final, which is held in one of the State capitals mid-year; and even to an international level, the Pacific Region Final, which is usually held in September.

There is no set meeting for Lions candidates; students work individually with the MiC to prepare their speeches and practise interview techniques. A training day may be held, depending upon timings and numbers.

<http://lionsclubs.org.au/activities/youth/yoty/>

**Term:** 1  
**Times:** Various  
**Venue:** Various  
**Cost:** NA



## Music Lessons & Recitals

MiC - Various Music Staff

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Music lessons are counted as a Co-Curricular activity if lessons are conducted through the Girton Grammar Music Department.

**Terms:** 1-4  
**Times:** Various  
**Venue:** Various  
**Cost:** Various  
**Apply:** By submitting the music application form to Miss Williams in the Performing Arts office [performingarts@girton.vic.edu.au](mailto:performingarts@girton.vic.edu.au) Please be aware that there are waiting lists for some Music Lessons. For further information please contact Miss Williams.



## Netball

MiC Senior School Strathdale Netball Association - Mrs Linda Gibson  
MiC Senior School Squad Development - Mrs Carmel Hamilton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Trials take place during Term 4 & 1 to allocate teams. The season begins in April. Training is held in the Girton Gym on weeknights and some mornings. Times vary for senior teams.

**WHERE:** The Girton Grammar Netball Club competes in the Strathdale Netball Association every Friday/Saturday.

**WHEN:** The season begins in March/April and concludes with finals in September. Senior School games are on a Friday Evening or Saturday

**TEAM STRUCTURE:** All teams have a Coach and a Manager. Students must attend trials and return the permission form before they are placed in a team. Training sessions will commence once coaches and teams are finalised.

**UNIFORM:** The Netball Uniform can be purchased from Bob Stewart Uniform Shop. This must be worn with white sports socks and navy blue or black sports briefs. No other item of clothing can be worn, other than the Girton Grammar tracksuit to and from the courts. The students should wear the Girton Grammar PE Uniform to training.

Commitment is for a season.

**Terms:** 1-3

**Times:** Training Monday and Wednesday mornings/evenings after school, Games Friday Night/Saturday. Senior teams also play on week nights at Flora Hill Stadium

**Venue:** Training is at the Girton Gymnasium.

Games are held at the Strathdale Netball Association  
**Cost:** Approximately \$200. More information regarding cost will be confirmed early Term 1, 2021



## Officiating / Umpire / Referee

MiC - Head of Co-Curriculum

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Students actively involved as referees or umpires in the community will be recognised in the Girton co-curriculum for their official involvement in community sport.

Official duties may include:

- i. Badged netball umpires
- ii. Basketball referees
- iii. Soccer referees
- iv. AFL umpires (either central or boundary)
- v. Volleyball chair umpire
- vi. Hockey umpire
- vii. Other

To apply for this activity to count towards your co-curricular involvement, students write a letter to the Head of Co-Curriculum. This letter should outline details of your commitment to umpiring, is to be signed by your parents and a representative of the Association with which you are involved.

The letter should also include information about your qualifications; the day(s) and time(s) of your training sessions and the level of umpiring you are typically assigned.

**Terms:** 1-4

**Times:** NA

**Venue:** NA

**Cost:** NA

**Apply:** Via letter to the Head of Co-Curriculum.



## One Act Play

MiC - Mrs Jacinta Jackson

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Students form small, self-directed groups and develop a short performance. They then enter into the Girton's One Act Play Festival to perform for parents and friends and to be judged by a panel with trophies and medals awarded. The work presented should be entirely developed by the students with staff simply supporting and monitoring the content.

This co-curricular activity is for students who are passionate about Drama and want to gain as much stage experience as possible.

There is a strong emphasis on teamwork and organisation, and students are expected to attend at least one of the two scheduled rehearsal sessions each week. This co-curricular activity runs for Term One only with rehearsals starting in the second week of Term One with the Festival taking place in the second last week of Term One.

There is a maximum of fifty places available. If more than fifty students sign up, an audition will be held in the first week, and unsuccessful students will be asked to select a different co-curricular activity.

There is a small fee to cover rehearsal and performance related costs such as photocopying of scripts, purchase of medals and prizes, and the use of theatre equipment.

- Term:** 1  
**Times:** Tuesday & Thursday 3.45pm-5.00pm (min. 1 session)  
**Venue:** Black Box & Hall  
**Max:** 50 places  
**Cost:** Approximately \$15



## Public Speaking

MiC - Mrs Winsome Wastell

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Students in Years 7-9 (Junior Club) prepare and deliver speeches to the rest of the Club. Members of the Junior Club are encouraged to try out for the Legacy Junior Public Speaking Award.

The focus of the Senior Club (Years 10-12) is for students to prepare and rehearse speeches and eventually deliver their speeches at Headmaster's Assemblies. Members of the Senior Club also assist as time-keepers and announcers at school public speaking events such as the VCAA Plain English Speaking Award and the Inter-House Public Speaking Competition.

- Terms:** 1-4  
**Times:** Both groups meet at Tuesday lunchtime  
**Venue:** N27  
**Cost:** Free of charge



## Radio Goo Goo

MiC - Mr Daniel Williams

Ever wondered what it would be like to run your own radio show? Do you love communicating and connecting with people? Do you have excellent taste in selecting music for different audiences? Perhaps you are a creative type and would like to help us engage with people and increase our base of listeners? If you answered yes to any of these questions, maybe the Girton Radio Co-Curric is the opportunity for you!

- Terms:** 1-4  
**Times:** Thursday  
**Venue:** M11  
**Cost:** Free of charge



## Rowing

MiC - Mrs Jan Dillon

Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓

This activity is conducted through the Bendigo Rowing Club Junior Program. Crews may be either all Girton or a composite of students from different schools in the Bendigo area. Rowing is for students who are willing to put in the training and time to develop the skills to row competitively in regattas organized by BRC. New students train as Coxswains and learn rowing technique and participate in the Learn to Row Programme.

Minimal additional costs will be incurred throughout the season when students compete in Regattas. These include (but are not limited to) uniform, oar fees, accommodation and training camps.

- Terms:** 1&4  
**Times:** Wednesday 4.00-6.00pm  
**Venue:** Lake Weeroona  
**Cost:** Crews: Season fees approximately for crews \$210 which includes a learn to row fee of \$80. September-August the following year. Pro-rata for new rowers.  
 Students are required to purchase a Girton Rowing Suit for training and to compete in School Regattas and a Bendigo Rowing Suit to compete in non-school Regattas.



## Scale and Game

MiC - Mr Scott Langan

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Strategy games are the order of the day. We play a variety of board or card games, ranging from such classics as Monopoly, Scrabble and Chess, to RISK, Axis and Allies: Pacific and Zathura.

Card games are also played, such as Saboteur, UNO and Magic: The Gathering.

Students are welcome to bring along their favourite strategy games (for example, Warhammer or Lord of the Rings figurine games) or they can join in and play one of the games from our collection.

- Terms:** 1-4  
**Times:** Friday Lunchtime  
**Venue:** M16  
**Cost:** Free of charge



## Senior Concert Band

MiCs - Dr Michael Lichnovsky

Year 7	Year 8	Year 9
✓	✓	✓

Senior Concert Band is appropriate for Woodwind, Brass and Percussion students who have had two or more years of instrumental tuition. Senior Concert Band plays a wide variety of styles of repertoire, from Broadway classics through to traditional Concert Band music.

This ensemble is directed by Dr Michael Lichnovsky, Mr David Turpie and Mr Kaid Normington. Students are encouraged to join if they are at an approximate Grade 1 AMEB standard or above.

- Terms:** 1-4  
**Times:** Tuesday lunchtime  
**Venue:** PA 03  
**Cost:** Free of charge

## Senior School Production

MiC – Ms Mandy Ellison

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Senior School Production alternates annually between a full scale musical and a play. Entry is via an audition process. Participation helps students to build confidence as performers, team collaboration and builds strong, lasting friendships between students across all year levels.

The Senior School Production is created entirely outside the classroom and involves a large amount of dedication including after school, weekend and even school holiday rehearsals in the lead up to the production. It is expected that students maintain their commitment to their studies throughout the production period.

Students are charged a participation fee to cover production rights, costume hire and other consumables.

- Terms:** 1 & 2 - Minimum two afterschool rehearsals  
**Times:** Various  
**Venue:** Black Box  
**st:** Approximately \$50-\$60



## Service to HoD, MiC, HoH, Coaching

MiC - Mr Dan Slater

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

This service activity allows students to gain credit for assisting a Manager in Charge of an activity, a Head of Department or Head of House. Coaching opportunities are available to suitable students in some activities. Students see the relevant staff member, make arrangements and then confirm with the Head of Co-Curriculum

**Terms:** 1-4  
**Times:** Various  
**Venue:** Various  
**Cost:** Free or charge



## Speech Night Production Item

MiC – Mrs Jacinta Jackson

Year 7	Year 8	Year 9	Year 10	Year 11
✓	✓	✓	✓	✓

The Speech Night Production Item is a highly polished short musical theatre performance piece presented at both year seven to nine Speech Night and at the year ten to twelve Speech Night. This activity includes singing, acting and dance and (sometimes) acrobatics or a specialist skill. Students from years seven to twelve are invited to audition to be selected for the cast. Regular rehearsals commence after school halfway through Term 3 and continue for Term 4. General rehearsals are provided at no cost to students unless training for a specialist skill is involved. A levy applies to all students to allow for costume hire.

**Terms:** 3 - 4  
**Times:** Various  
**Venue:** Black Box  
**Cost:** \$10- \$15 Costume Hire  
**Apply:** Sign up for auditions early in Term 3 on the Drama notice board



## Squash

MiC - Dr Andrew Itter

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Squash at Girton Grammar School offers students a fun and friendly activity on Tuesday afternoons. Students learn the basic skills of squash and compete in informal round robin tournaments against others at the same skill level. Coaching by a qualified Bendigo Squash Club member is included and students can extend their skills into competition squash if they wish. Students meet each Tuesday afternoon and walk to the Bendigo squash Centre.

**Term:** 1 - 4  
**Times:** Tuesday 3.35pm-5.00pm  
**Venue:** Bendigo Squash Centre  
**Cost:** \$62.00 per term



## Stage Make-up

MiC - Ms Ann Forko

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Stage Make-up Co-Curriculum will operate on a similar model to Theatre Tech and Backstage co-curriculum, both of which have been running successfully for many years.

Students will be trained in the design and application of stage make-up for a range of school based performances that run throughout the year.

The first term of the year will concentrate on training, under the tutelage of a trained make-up artist. These training sessions will begin in week 2 of term 1 and will be held in the dressing rooms of the Black Box every Tuesday. The student team is trained in techniques of applying basic stage make-up, such as; ageing effects and special designs for fantasy etc

All Materials and equipment required for training and performances will be supplied, this is covered by the levy.

Once trained, students will be allocated to groups where they will apply stage make-up to actors for various school productions, as well as for publicity and photo shoots throughout the remainder of the year. The dates and times will be made by arrangement, according to the rehearsal and production schedules of each show held. Please note, there may be some weekend and evening commitments involved for publicity and production work

**Terms:** 1-4

**Times:** Tuesday 3.45-5.00pm

**Venue:** Blackbox dressing rooms

**Cost:** \$50 per semester

**Apply:** Maximum 20 places apply directly to Ms Ann Forko



## String Orchestra

MiC - TBC

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Membership Membership of the String Orchestra is available to advanced string students in the Senior School at a level four music performance standard.

The String Orchestra features prominently in school life and a firm commitment is required throughout the school year. At present this ensemble rehearses on Thursday's before school.

**Terms:** 1-4

**Times:** Thursday 7.45am - 8.30am

**Venue:** Blackbox

**Cost:** Free of charge

**Apply:** Directly to Ms Shari Williams



## Student2Student Mentor Program with The Smith Family

MiC - Mrs Winsome Wastell

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
	✓	✓			

Students in Years Eight and Nine apply directly to Mrs Wastell to be involved in the Reading Mentor Program. Our students need to be excellent readers and achieving well in their English studies. They must be good communicators and well organised. The Smith Family matches primary school-aged students who are struggling with their reading with a GGS mentor who, over the course of Terms Two and Three, makes at least twice-weekly phone contact with them. It is during these phone calls that the young reading buddy reads to their mentor, who provides assistance and support. A rewarding program for all involved.

Please note: acceptance to this activity is by special application only.

**Terms:** 2 & 3

**Times:** Various

**Venue:** Various

**Level:** 8 & 9

**Cost:** Free of charge

**Apply:** Directly to Mrs Wastell



## Symphony Orchestra

MiC - Mr Steve Vine

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Grammar School Orchestra is an ensemble which caters for advanced instrumental students and rehearses and performs a repertoire ranging from traditional to modern music. This ensemble is the largest instrumental group offered at Girton Grammar School. Secondary students who are competent musicians are encouraged to join. This group features prominently in school life and so a firm commitment is required throughout the entire school year.

**Terms:** 1-4  
**Times:** Monday 3.45pm-5.00pm  
**Venue:** PA02/03  
**Level:** 7-12  
**Cost:** Free of charge  
**Apply:** Directly to Mr Vine



## Table Tennis

MiC - Mr Daniel Williams

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Beginners to Pennant players are welcome with coaching provided for those interested as well as access to a ball machine for students to practice set strokes. Students are instructed on correct techniques, playing etiquette and tactics as well as different playing styles. Activities include free practice, Head of the Table, Club Championships, Junior and Senior in both Singles and Doubles.

**Terms:** 1-4  
**Times:** Friday afterschool. The bus departs Girton Gymnasium at 3.45pm and returns at 5.45pm  
**Venue:** Eaglehawk Table Tennis Centre  
**Cost:** Approximately \$60 per term  
**Note:** Starts Friday 19th February 2021



## Tennis Lessons

MiC - Head of Co-Curriculum

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Tennis Lessons with Mr. Stephen Storer will be considered a co-curricular activity. Mr Storer offers a range of sessions run at the South Bendigo Courts 105 Neale St Flora Hill or here at the Girton MacKenzie St Tennis court. Please contact Mr Steven Storer on 0419 411 780 to arrange lessons times, grades, cost etc. or refer to his website <http://www.tennisbendigo.com.au/tennis-lessons-form.html>

**Terms:** 1-4  
**Times:** NA  
**Venue:** South Bendigo Courts 105 Neale St Flora Hill  
**Cost:** To be confirmed by Mr Storer



## The Girton Big Band

MiC - Dr Michael Lichnovsky

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Big Band, usually comprised of about fifteen to twenty advanced music students, has a wide repertoire which consists of many styles, particularly jazz and swing. The Girton Big Band rehearses once a week on Friday lunchtimes and is an extension ensemble, available to students who are already participating in the Wind Symphony.

**Terms:** 1-4  
**Times:** Friday Lunchtime  
**Venue:** Black Box  
**Cost:** Free of charge  
**Apply:** Directly to Dr Lichnovsky.



## The Girton Jazz Band

MiC - Mr Josh McGuffie

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

This is an extension ensemble for advanced Girton Big Band students, focussing on improvisation, small group jazz and jazz ensemble playing.

- Terms:** 1-4  
**Times:** Monday Lunchtime  
**Venue:** Percussion Room  
**Cost:** Free of charge  
**Apply:** Directly to Mr McGuffie.



## Tournament of Minds (TOM)

MiC - Mrs Viv Bath

Year 7	Year 8	Year 9	Year 10
✓	✓	✓	✓

This activity runs in Terms Two and Three for all students willing to throw themselves into an exciting and enjoyable experience.

Teams of seven students develop a skit, make costumes and props and prepare a solution to a problem over Term Three. They present it to judges at the Regional Finals at the end of Term Three. Students will develop team-work skills, improvisation and leadership.

Tournament of Minds is open to Junior and Senior School students Year Four to Ten, and is a wonderful opportunity for anyone who wishes to try something new and have fun doing it!

This co-curricular activity is very popular so students need to apply and then attend two weeks of auditions before teams are chosen.

- Terms:** 2 & 3  
**Times:** Thursday 3.30-4.30pm  
**Venue:** Junior School Library  
**Cost:** \$30



## Theatre Technicians

MiC - Mr John McMillan

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Theatre Technicians Team provides technical support throughout the school with regard to sound systems and lighting. This includes: all Religious, Headmaster's and House Assemblies; numerous dramatic and musical performances, including the Senior School Production; the Foundation Day Service and Speech Night. A number of opportunities exist for students to provide technical support for evening performances.

Students develop competence in setting up and operating lighting and sound systems. Students joining the Theatre Technicians' team need to be reliable and trustworthy and able to operate well in a team situation. Membership of Theatre Technicians is by invitation. Students may approach Mr McMillan if they wish to be considered for membership.

- Terms:** 1-4  
**Times:** Tuesday 3.40-5.00pm  
**Venue:** J.E Higgs Hall  
**Cost:** Free of charge



## Vocal Stage Craft

MiC - Ms Jennifer Schatzle

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Vocal Stagecraft group is a chamber ensemble which focuses on the performance of Music Theatre works. The students learn how to apply specific voice production techniques in ways which enhances their skills in presentation, movement, and expression.

They learn to use appropriate techniques in different genres of Music Theatre, including opera, operetta and more modern music theatre. The students enjoy singing new music which requires other languages, accents, props and even the hint of greasepaint! Vocal Stagecraft will culminate in a showcase presentation and the singers present items at Assemblies and other school events throughout the year.

- Terms:** 1-4  
**Times:** Wednesday 1.15pm – 2.00pm  
**Venue:** PA02/03  
**Cost:** Free of charge  
**Apply:** To Ms Schatzle for an informal audition



## Volleyball

MiC – Mrs Deirdre Tunzi & Head of Co-Curriculum

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Volleyball is a great way to get fit and meet new friends. We enter teams into the Bendigo Volleyball Association. There are two seasons: the Autumn season runs in Semester One and the Spring season in Semester Two. Students may have the opportunity to represent the school in volleyball in special events such as the Sandhurst Division Sports days, State Volleyball Titles and National Volleyball titles.

Students must be available for a full season. Students must be able to attend both training and matches each week. Volleyball has a time commitment: of 2-3 hours a week per season.

- Terms:** Season One: Terms 1 and 2  
 Season Two: Terms 3 and 4  
**Training:** Girton Gymnasium  
 Tuesday 3.45 to 5.00pm (Years 7-9)  
 Tuesday 5:00 to 6.00pm (Year 10-12)  
**Games:** Bendigo Stadium  
 Thursdays between 5.00 - 10.30pm.  
**Cost:** \$30 Volleyball Victoria Registration Fee which covers both semesters. Students must self-register.  
 Game Fees, Club Fee and Affiliation Fee \$100 - \$200 per season depending on the division players play in. This amount will be charged part way through the season. If students withdraw after the first three weeks of each season they will be charged the full amount.



## Wind Symphony

MiC - Mrs Jacqui Vine and Mr Dave Martin

Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓

The Girton Grammar Wind Symphony caters for advanced Woodwind, Brass and Percussion students and will rehearse and perform a broad range of repertoire.

- Terms:** 1-4
- Times:** Tuesday lunchtime
- Venue:** Black Box
- Cost:** Free of charge
- Apply:** Directly to Mrs Vine

# World Challenge

## World Challenge

MiC - Mr Graham Crickmore

Year 9	Year 10	Year 11
✓	✓	✓

The next World Challenge expedition is in 2022

This is a chance for students to embark on a challenging 28 day expedition to one of 40 destinations around the World. Students achieve personal and team goals to develop valuable skills for later life such as teamwork, leadership, problem solving and communications. World Challenge is a truly life-changing experience. World Challenge Expeditions run every two years. Meetings will be conducted on a fortnightly basis, when required.

- Terms:** 1-4
- Times:** Meetings advertised in the Daily Bulletin
- Venue:** Naunton Family Building, lecture theatre
- Cost:** Supplied upon application



## Writer's Group

MiC - Ms Jane Marks

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Students who have a passion for writing will love this activity! Membership of this group is open to students of all ages and provides an opportunity to write poetry and prose, with the aim of entering these pieces in various writing competitions. Some pieces will be purely for personal enjoyment or experimentation; other tasks will be for specific competitions, many of which are offered outside the school.

Students will need to be prepared to write in their own time and use regular meetings to workshop or publish their work. The work of group members will be published during the year in publications ranging from the eLink to The Girtonian. External opportunities to be published or to enter competitions will be sought, and to stay involved in this co-curricular activity, participants are expected to either be internally published or to enter an external writing competition once per term.

- Term:** 1-4  
**Times:** Thursday or Friday lunchtimes from 1.30pm and individual email workshops with Ms Marks  
**Venue:** N27  
**Cost:** Free of charge



## Yoga

MiC - Ms Terrie Dempster

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Yoga is comprised of postures, breathing and relaxation techniques which are designed to promote greater health and well-being. Students learn a form of the traditional 'Salute to the Sun', and various other postures which are alternated each week depending on the focus. These postures build strength, improve flexibility, stretch muscles that are impacted by other sport and assist with finding balance in our busy and stressful lives. Students are asked to bring their own yoga mat to each class.

- Terms:** 1-4  
**Times:** Tuesday 7.15-8.15am  
**Venue:** Scout hall  
**Cost:** Free of charge



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