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## INTRODUCTION



The Co-Curriculum program at Girton Grammar provides our students with opportunities for personal growth through a variety of excellent activities. Involvement in the co-curriculum allows students to build friendships and develop team work with other Girton students; this relationship with students, teachers and parents within the Girton Community develops a positive connectedness to the school.

Over time students develop their leadership skills through opportunities which exist to coach or manage junior teams.



At Girton Grammar School, our co-curricular activities from Years Preparatory to Twelve cater for students with a range of interests. We have nineteen separate sporting activities with some, such as netball and basketball catering for more than twenty teams. We have a variety of leadership activities, community service and a vast assortment of opportunities in the Performing Arts; ranging from orchestras, and choirs, and productions.

Currently we offer approximately fifty five cocurricular activities from which the students can choose. These activities are offered in the following sections:

- Personal Development/Service
- Sport/Recreational
- Performing Arts

Each co-curricular activity has a Staff Member in Charge (SMC). Some activities, particularly the team sports, also have coaches, student leaders, and team managers.

Students in the Senior School who achieve excellence in the co-curriculum are eligible to be awarded with 'Colours', in recognition of their skills and contributions to the activity.

We welcome parents who would like to assist as a coach, assistant or manager and encourage you to contact the Co-Curriculum Coordinator, for further information.

Girton Grammar School requires students to be involved in at least two co-curricular activities, one of which may be community based. Further details are included on the next page.



#### AIMS OF THE CO-CURRICULUM

- Provision of an environment where the pastoral care of students is paramount
- Provision of caring teachers who have the vision and leadership to assist in the development of each student to attain their best and to become fine citizens
- Provision of a diverse but sustainable range of activities in sport, the arts, hobbies, service and leadership.

All students are invited to sample a breadth of activities. While it is not compulsory for students to undertake any one type of activity, it is recommended students involve themselves in multiple activities during their time at Girton, including the opportunity to assume leadership roles within these activities.

It is compulsory for students from Years 7-11 to be involved in two co-curriculum activities. Year 12 students must be involved in one co-curriculum activity.

#### **COMMUNITY BASED ACTIVITIES**

Students may be involved in one Girton cocurriculum activity and one other activity outside of Girton. Students will be able to use a 'Community' based activity if they satisfy the following criteria:

- Be involved in the activity at least once a week
- Receive coaching (if a physical activity)
- Apply directly to the Co-Curriculum Coordinator.

A written application must be provided by parents prior to acceptance of the activity as part of the co-curriculum.

Involvement in the local community is important and we do not want students to be involved in the Girton co-curriculum at the expense of being connected to the local community. Students must submit a signed form explaining their commitment to the activity (time, training, goals and achievements) and ask for it to be counted as a Community Involvement Activity (C.I.A.).

Students must reapply each year. This form will be mailed to all new students; current students can locate the form on the Girton Co-Curriculum ASTRA page. If a student demonstrates a serious commitment to their community sport/activity it will be considered part of the Girton co-curriculum. The application may be subject to approval by the Principal.

For a student to select one community based activity they must already be enrolled in a current Girton co-curriculum activity. Activities which would be accepted are:

- Sporting Clubs
- Community Groups
- Performing Arts groups
- Employment

These are examples of the activities which would be acceptable community activities as part of the Girton Co-curriculum. If you have further enquiries please contact the Co-Curriculum Coordinator Mrs Deirdre Tunzi.

## THE COLOURS AWARD SYSTEM



The Colours Award System recognises and rewards **excellence** in co-curricular areas of the School.

**Half Colours** are the highest achievement awarded in Years 7, 8 and 9.

**(FULL) Colours** are the highest achievement awarded in Years 10, 11 and 12.

House Colours are ranked equally with Co-Curricular Colours. The awarding of Colours takes place at Speech Night.

#### **Criteria for Co-curricular Colours/Half Colours**

a. Demonstrated <u>excellence</u> in the skills of the activity in the School is the major criterion.

The excellence is a matter of judgement by the Colours Committee who take into account such matters as Regional Representation, Awards or events won, etc. The student <u>must</u> have availed of all or most opportunities to demonstrate his/her excellence in School events, for School teams or in the context of the School.

- b. Excellence in behaviour, etiquette, sportsmanship and the like.
- c. Team spirit, co-operation and dedication to rehearsals or training and to the activity.
- d. Punctuality, attendance, excellence in dress and grooming.
- e. Assistance to coach/manager and to those younger or less experienced.

#### **Criteria for House Colours/Half Colours**

- a. Breadth of commitment to the Co-Curriculum generally and to the House.
- b. Other measures include:
  - punctuality
  - reliability
  - willingness to take on extra duties
  - appropriate grooming, uniform and presentation
  - regular attendance
  - enthusiasm
  - · consideration for others
  - initiative
  - helpfulness
  - any other behaviour or attitudes believed relevant.
- c. Involvement must be across a range of co-curricular activities. The range should include many of:
  - House activities and competitions

- Performing and Creative Arts including Public Speaking
- Sport
- Clubs
- Service and community activities.

Students submit their own Colours application in Terms 3 and 4. These are reviewed by the Colours Committees which variously include Senior Staff, the Heads of House, the Co-Curriculum Coordinator and the Head of Pastoral Care.

The Principal has the power of veto to be exercised if he considers any candidate unworthy, by reason of poor behaviour or presentation, to carry the honour under consideration.

#### Pocket embroidery example

The bottom left pocket of the student's blazer is embroidered with the emblem of the category in which they have received their award. Underneath is the year in which they received the award.



A diagonal braid on a lower blazer pocket indicates a Junior School House Captain/Vice Captain.



House Colours are indicated by the embroidery of the House Shield. Under this is the year they were awarded. White thread indicates Half Colours (Year 7,8 and 9). Gold thread indicates Full Colours (Years 10, 11 and 12).



Co-curricular colours are indicated by the embroidered emblem of the co-curric, followed by the year in which they are awarded. Again, white embroidery represents Half Colours and gold embroidery represents Full Colours.



The emblem of the state of Victoria underneath a cocurricular emblem indicates the student represented their State in this field. Likewise the emblem of Australia indicates the student reached National representation level in a given field.



## **SENIOR SCHOOL CO-CURRICULUM**

**VENUES & TIMES - 2024** 

## **SPORT / RECREATIONAL ACTIVITIES**

Activity	Level	Term	MIC	Venue	Day	Start	Finish
Aerobic Gymnastics	7-12	1-4	Mrs B Vernon	JE Higgs Hall	Thursday	5.oopm	6.oopm
Badminton	7-12	1-4	Mr M. Robertson	Eaglehawk Stadium	Thursday	3.45pm	5.30pm
Basketball	7-12	1-4	Mrs D Tunzi Mr D Norris	Training: Girton Gym Games: Bendigo Stadium	Training: Mon/Tues/Wed/Thu/ Fri Games: Mon/Tue/Wed/Fri	3.3opm 4.3opm	5.30pm 10.30pm
Duke of Edinburgh	9-12	1-4	Mr G Crickmore	N12	Tuesday	Lunchtime	
Equestrian	7-12	1-4	Mrs N James	Various	Weekends	Various	Various
Golf	7-12	1-4	Mr B Furphy	Neangar Park Golf Course & Girton Gym	Friday	4.00pm	5.15pm
Group Fitness	7-12	1-4	Miss K Nicholls	C5 & C10 (Junior School)	Friday	7.00am	8.ooam
Kayaking	7-12	184	Ms K Smallacombe	Lake Weeroona	Wednesday	4.oopm	5.15pm
Netball	7-12	1-3	Mrs L Gibson (Strathdale)	Training: Girton Gym Junior School Games: Various venues	Training: Mon/Wed  Games: Friday  Saturday	7.15am 3.3opm 5.oopm 8.ooam	8.15am 5.3opm 8.3opm 12.3opm
Pilates	7-12	2,3,4	Mrs E. Buckeridge	G13	Monday	7.00am	8.ooam
Girton Racing Team (HPV, EEV, SEMA, Cycling)	7-12	1-4	Mr N Vernon	Tom Flood or Bendigo Kart Track	Friday	3.45pm	5.30pm
Rowing	7-12	184	Mr D. Kinnersley	Lake Weeroona	Wednesday	4.oopm	5.oopm
Girton Runners Club	7-12	1-4	Mr J Giudice	Girton Gymnasium	Wednesday	7.00am	8.ooam
Squash	7-12	2,3,4	Mrs A. Holmes	Bendigo Squash Centre	Thursday	3.45pm	5.oopm
Table Tennis	7-12	1-4	Mr D Williams	Eaglehawk Stadium	Friday	3.45pm	5.45pm
Volleyball	7-12	1-4	Mrs D Tunzi	Training: Girton Gym Games: Bendigo Stadium	Training: Tuesday Games: Thursday	4.30pm 5.00pm	5.3opm 8.oopm
Walk and Talk	7-12	184	Mrs T Matthews	Meet at Girton Gym	Wednesday	7.15am	8.15am
World Challenge	9-11	1-4	Mr G Crickmore	NFB Lecture Theatre	Meetings advertised in Daily Bulletin	Lunchtime	Lunchtime
Yoga	7-12	1-4	Mrs P. Beckwith	C10 - Junior School	Wednesday	7.00am	8.ooam

## **SENIOR SCHOOL CO-CURRICULUM** 5



VENUES & TIMES - 2024

### **PERFORMING ARTS / MUSIC ACTIVITIES**

Activity	Level	Term	MIC	Venue	Day	Start	Finish
Backstage Club	7-12	1-4	Ms J Christie	Black Box	Various	Lunchtime	Lunchtime
BASSLINE	7-12	1-4	Mrs L Dusseljee	J.E Higgs Hall	Monday	7.40am	8.30am
Big Band	7-12	1-4	Mr J. McGuffie	Black Box	Friday	Lunchtime	Lunchtime
Chamber Choir	9-12	1-4	Ms J Schatzle	PA 02	Thursday	Lunchtime	Lunchtime
Christopher Field Strings	7-12	1-4	Mrs R Levett	PA10/11	Tuesday	Lunchtime	Lunchtime
Concert Choir	7-12	1-4	Ms J Schatzle	PA 02	Monday	Lunchtime	Lunchtime
Flute Ensemble	7-12	1-4	Mrs B. Krois	PAo <sub>5</sub>	Thursday	Lunchtime	Lunchtime
Girton Singers	7-12	1-4	Mrs L Dusseljee	J.E Higgs Hall	Tuesday	7.45am	8.40am
Guitar Ensembles	7-12	1-4	Mr J McGuffie	Various	Various	Various	
Jazz Band	9-12	1-4	Mr J McGuffie	PA Percussion Room	Monday	Lunchtime	Lunchtime
Middle School Production	7-9	1-3	Miss E. Holmes	Black Box	Various	Various	
Music Lessons & Recitals	7-12	1-4	Various	Various	Various	Various	
One Act Play	7-12	1	Miss E. Holmes	Black Box	Tuesday and Wednesday	3.45pm	5.00pm
Senior Concert Band	7-12	1-4	Mr D. Turpie	Black Box	Tuesday	Lunchtime	
Senior School Production	10-12	1 & 2	Ms M Ellison	Black Box	Various	Various	
Speech Night Production Item	7-11	3&4	Mrs J Jackson	Black Box	As required	Various	
Stage Make-up	7-12	1-4	Mrs N. Matthews	Black Box Dressing Room	Thursday	3.45pm	5.oopm
String Orchestra	8-12	1-4	Mrs C Bartlett	Black Box	Thursday	Lunchtime	Lunchtime
Symphony Orchestra	7-12	1-4	Mrs R Levett	PA 02/03	Monday	3.45pm	5.oopm
Technicians Team	7-12	1-4	Mr A Hodda	J.E Higgs Hall	Tuesday	3.40pm	5.00pm
Vocal Stage Craft	7-12	1-4	Ms J Schatzle	PAo2	Wednesday	Lunchtime	Lunchtime
Wind Symphony	8-12	1-4	Mr D Martin	PA 02/03	Tuesday	Lunchtime	Lunchtime

## **SENIOR SCHOOL CO-CURRICULUM**

**VENUES & TIMES - 2024** 

## PERSONAL DEVELOPMENT / SERVICE ACTIVITIES

Activity	Level	Term	MIC	Venue	Day	Start	Finish
A Sporting Chance Program	9-12	1-4	Mr J Doherty	Frew Court Junior School	Thursday	3.45pm	5.15pm
Artscope	7-12	1-4	Mrs C Knowles	No1	Thursday	4.00pm	5.oopm
Chess	7-12	1-4	Mrs R Kristenson	M15	Wednesday	3.45pm	5.oopm
Girton Community Action Group	7-12	1-4	Mrs M Naughton	M15 / M16	Tuesday	Lunchtime	
Community Involvement Activity	7-12	1-4	Mrs D Tunzi	Various	Various	Various	Various
Cre@te I.T.	7-12	1-4	Mr J Phillips	No2	Thursday	3.45pm	5.oopm
Creative Textiles	7-12	1-4	Mrs A Forko	M02	Wednesday	3.45pm	5.oopm
Debating	7-12	1-4	Mrs K Barton	N26	Wednesday	Lunchtime	
Lions Youth of the Year	10-12	1	Mrs A. Crickmore	Various	Various	Various	
Lumination Lab Champions	7-11	1-4	Ms Kimberley Clayton Miss Niamh McGlinchey			Lunchtime 3.45pm	5.00pm
Public Speaking	7-12	1-4	Mrs A. Crickmore	N27	Tuesday	Lunchtime	
Scale & Game Dungeons & Dragons	7-12	1-4	Ms Barb Fielder	M13	Wednesday	3.45pm	5.oopm
Student2Student Mentor Program with The Smith Family	8-10	2-3	Mrs Allison Crickmore	Various	Various	Various	
Tournament of Minds (TOM)	7-10	2 & 3	Mrs V Bath	Junior School Library	Thursday	3.3opm	4.45pm





## A Sporting Chance Program SMC - Mr John Doherty

Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓

A Sporting Chance Program is an inclusive sport and physical education program aimed specifically at young individuals who have an Autism Spectrum Disorder (ASD). The concept is to help the participants learn the skills, rules, and language of a variety of sports commonly played in Australian schools.

Participants socialise with their peers in a fun environment whilst learning new skills and improving their fitness. Girton Grammar School senior students act as coaches/mentors for the participants of the program. The student coaches teach sportspecific skills to young people with ASD.

The activities include Perceptual & Fundamental Motor Skills Circuits, Fitness Circuits, Basketball, Soccer, Aussie Rules Football, Cricket, T-Ball and Mini Hockey.

Terms: 1-4

Times: Thursday 3.45 — 5.15pm Venue: Frew court Junior School

Max. 10 places Cost: Free of charge



## Aerobic Gymnastics SMC - Mrs Belinda Vernon

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

All students are placed into teams according to age and ability levels. Participants will represent Girton at the Aeroschools State Championships in Melbourne.

The training uniform is as follows- Students are to wear comfortable shorts or leggings which allow for plenty of movement. Sneakers must also be worn. Competition uniform will be a school leotard, shimmer tights, white ankle socks and white sneakers for the female students. The male students will require a school recommended singlet top, shorts, white ankle socks and white sneakers.

Training sessions are to be held in the J.E. Higgs Hall.

Commitment is for 1 year.

The classes will work on set routines in small groups to be performed at Aeroschools State Championship, with the option for some students to have the opportunity to compete at National Aeroschool Championships on the Gold Coast if the qualify. No previous experience is necessary.

Terms:

Times: Thursday evenings 5.00-6.00pm

Cost: Registration fee of \$5 and then approximately \$75 per

Competition costs will be charged as appropriate.



#### Artscope

SMC - Mrs Carol Knowles

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

This Co-curricular activity provides an opportunity for creative students to extend their Visual Arts skills in congenial company each Thursday afternoon between 3.45pmpm and 5.00 pm, in Room NO1.

You will need an A4 Visual Journal that you will be asked to purchase before the first meeting in 2024. Please ensure that the paper in your journal is at least 150gsm. Much of what you will do will be done in this journal and it will involve a range of materials and techniques. (Most of the work is 2 Dimensional because we do not have Sculpture or Ceramic facilities) This Co-curricular activity enables you to work on a task for two or three sessions, or to complete some tasks within one session. It is a pleasant form of relaxation that extends your technical skills, and at the same time enables you to interact informally with other students. It does demand some commitment from you because it is a learning activity and not a social talk-fest. When weather permits, we go outside to sketch, photograph and build a collection of sources of inspiration for completed images.

Anybody may join Artscope, but the numbers are limited to 12. There is a cost of \$20 per person per term to cover school materials that are used, but you will need to bring your pencils, eraser. Laptop, and any materials that you may want to work with specifically. It is your Co-curricular activity and your ideas for what we could do will be welcomed.

Please email Mrs Knowles if you have any queries. carolknowles@girton.vic.edu.au

Terms: 1-4

Times: TBC 3.45 pm-5.00pm

Venue: Room No1

Limited to 12 spaces

Cost: \$20 per term



#### **Backstage Club**

SMC - Ms Joanne Christie

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	<b>√</b>	1	1	<b>√</b>	1

Backstage Club members are happy to support others in the spotlight. This co-curricular is for passionate students who love the buzz of working in the theatre, off-stage and on.

This group of well-organised and self-motivated students run the set changes for all the major school productions. In the weeks before a show, students will be required to attend after-school rehearsals, occasional weekends, and late nights during the Production week.

Students will be required to wear 'theatre blacks'; long black pants and a long-sleeved black top during a production. It is essential that students can commit to long periods during a Production season.

If more than ten students apply, an interview will be conducted to determine successful applicants.

Students must reapply each year.

Terms: 1-4
Times: Various

Venue: Black Box Theatre

**Max:** 10 places **Cost:** Free of charge







#### **Badminton**

SMC - Mr Michael Robertson

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	✓	<b>√</b>	1	<b>√</b>	<b>√</b>

An opportunity to learn a new skill in a friendly competition graded on ability level. Quality Badminton coaching is provided to assist student development. Opportunities exist for students to represent Girton in the ICCES and School Sport Victoria interschool competitions.

Terms: 1-4.

Times: Thursday 3.45pm - 5.30pm

The bus departs Girton Gymnasium at 3.45pm

and returns at 5.45pm

Venue: Eaglehawk Badminton Stadium

Max: 30 participants

**Cost:** Approximately cost \$80 per Term



#### **Basketball**

SMC - Mrs Deirdre Tunzi & Mr Dean Norris

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	✓	✓	✓	<b>√</b>	<b>√</b>

The Girton Grammar School Basketball Club fields boys' and girls' teams from both the Junior and Senior School. The teams play in the Bendigo Basketball Association competition, mainly at the Bendigo Stadium. Through the support of Bendigo Braves coaches, all students have the opportunity to develop their basketball skills and understanding under expert coaching at all Girton Basketball Club trainings. The Club also offers Senior School students the chance to coach junior teams. Parents are encouraged to be involved as team managers, scorers and supporters.

Commitment is for a season.

Times:

Terms: Summer Season: Terms 4 & 1

Winter Season: Terms 2 & 3
Training and game times vary.

Venue: Training at Girton Gymnasium, games are held at The

Bendigo Stadium

**Cost:** Club fee \$100 per season

Season Playing Fees \$170.00 Basketball Victoria fees also apply



#### **Bassline Choir**

SMC- Mrs Laura Dusseljee

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	<b>√</b>	✓	1	✓	✓

BASSLINE is a new choir established in 2023. It is for low voices (basses, baritones, tenors and everything in between). The goal is to make fine music by performing an excellent repertoire to a very high standard.

Terms: 1-4

**Times:** Monday's 7.40am - 8.30am **Venue:** J.E. Higgs Hall - Junior School

Cost: Free of charge





**Big Band** 

SMC - Mr Josh McGuffie and Dr Michael Lichnovsky

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	1

The Girton Big Band is comprised of fifteen to twenty advanced music students and has a repertoire that consists of many styles, particularly jazz and swing. The Girton Big Band rehearses once a week on Friday lunchtimes and is an extension ensemble, available to students who are already participating in the Wind Symphony.

Terms: 1-4

Times: Friday Lunchtime

Venue: PAo<sub>3</sub>

**Cost:** Free of charge



#### **Chamber Choir**

SMC- Ms Jennifer Schatzle

The Girton Chamber Choir is a select choir of 10 - 15 singers who perform a wide range of works. They will perform at Performance Assemblies, Foundation Day and other functions. The music selected will be arranged for at least three parts (SAB). The singers will be selected on their confidence in part-singing and how the voices sit within the group. Entry is by audition.

Terms: 1-4

Times: Thursday Lunchtime

Venue: PAo2

**Cost:** Free of charge **Entry is by Audition** 



#### Chess

SMC – Mrs Robyn Kristenson.

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Play chess and have some fun, record games, share and analyse moves, study games of Grandmasters.

Affiliated with Bendigo Chess Club (provides an avenue for entry into rated tournaments run by Chess Victoria and the Australian Chess Federation) Compete in a Girton Chess Championship. A chance to represent Girton in the annual ICCES Chess Competition.

Terms: 1-4

**Times:** Wednesday 3.45pm - 5.00pm

Venue: M<sub>15</sub>







#### **Christopher Field Strings**

SMC's Mrs Rachel Levett and Ms Emma Wade

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Christopher Field Strings is suitable for students with ability ranging from beginner to intermediate. This ensemble rehearses weekly and covers a range of repertoire from the classics to the contemporary and helps students prepare for the more advanced ensembles.

Terms: 1-4

Times: Tuesday Lunchtime

Venue: PA 10/11 Cost: Free of charge



## **Community Involvement** SMC - Co-Curriculum Coordinator

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

A great number of students are involved in an activity or sport in their local community (non-school based activity). Many of these sports, classes and community activities may count towards Girton's co-curricular program, providing they involve a regular time commitment. Involvement in our local community is important and Girton students are encouraged to participate in local community groups as well as school based co-curriculum.

For a Community Involvement activity to count towards your co-curricular commitment, students must already be enrolled in a current Girton co-curriculum activity. Secondly, they must submit a **Community Involvement Activity** form to the Co-Curriculum coordinator explaining their engagement level to the sport/class/ employment activity (eg. time, training, goals, and achievements); students must re-submit the form each time/term/year that they want the activity to count towards their co-curricular commitment.

In some cases the application may be subject to approval by the Principal.

Activities which would qualify are:

Sporting Club Involvement

11. Community Service

Performing Arts groups

IIII. Employment (must supply payslip)

If you have further enquiries please contact the Co-Curriculum coordinator

Terms:

Note:

A maximum of ONE Community Involvement Activity is permitted per term. The other activity should come

from the Co-Curriculum offered within the School. Community Involvement Form (available from the Gym office) must be completed and returned to the

Co-Curriculum Coordinator

See further explanation on page 3 of this booklet.



#### **Concert Choir**

SMC - Mrs Stephanie McCorkelle

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>✓</b>	✓	✓	✓	✓	✓

The Girton Concert Choir is the largest non-auditioned choir at Girton Grammar School and focuses on contemporary and world music

Major performances include Performance Assemblies, ANZAC Day, the Senior School Ensembles Spectacular, and Speech Night. A commitment to the weekly rehearsal schedule throughout the school year is required.

Terms: 1-4

Times: Monday Lunchtime

Venue: PAo2

**Cost:** Free of charge



Cre@te I.T

SMC – Mr John Phillips

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>

This fun, enterprising activity involves collaboration using software and using computers to produce digital imaging and design work including web pages, Minecraft educational activities building 3D structures in virtual worlds, 2D animation, photography and video, digital drawing, image and sound manipulation and editing, scriptwriting and some coding just to name a few! Students have opportunities to present new technologies and activities to be considered.

Technical play and team collaboration are also part of the program.

Terms: 1-4
Times: Thursday
Venue: M17-M18
Cost: Free of charge





SMC - Mrs Ann Forko

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	<b>✓</b>	1	1	<b>√</b>	<b>✓</b>

Students have the opportunity to learn the construction of garment processes and surface embellishment skills. Students discuss with the teacher their proposed project before the designated sewing sessions.

There are some essential tools and equipment available to students. However, students are expected to purchase the materials they need for their projects within sessions; this includes thread, fabric, elastic, buttons, zips, patterns, etc., in their own colour choice.

Other projects include doll or toy making, patchwork and appliqué quilts and cushions, embroidery, knitted scarves and transforming second-hand clothes into new garments or accessories.

**Terms:** 1-4

Times: Wednesday

3.45pm-5.00pm Mo2

Venue: Mo2 Cost: Free of charge





**Debating** 

SMC - Mrs Kathryn Barton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>✓</b>

This activity meets once a week, all year. The basic skills of debating are introduced and discussed. Students form teams in which they feel comfortable and begin to take some small risks as they begin to debate. Some research is required to prepare for formal debates outside and inside the school. Generally speaking, meetings are used to discuss strategies and prepare debates for the competition. Ideas are shared and students are encouraged to join teams and support research for the debates.

Debaters have the opportunity to participate in the Debaters' Association of Victoria (DAV) which educates students on how to debate formally. DAV is an externally organised competition against other schools in the district. A small fee is charged for student involvement. Junior and Senior Debating Teams compete in the ICCES Debating Competition at the beginning of Term 3. Generally speaking, this is a low cost activity. Official Girton Debating Team badges are available for those students who debate on school teams.

Terms: 1-4

Times: Wednesday Lunchtime at 1.20pm

**Venue:** N26 **Level:** 7-12

**Cost:** Free of charge

External debating competitions will incur a charge





#### **Duke of Edinburgh**

SMC - Mr Graham Crickmore

Year 9	Year 10	Year 11	Year 12
/		/	/

The Duke of Edinburgh Awards Scheme is an internationally recognized scheme involving students from the age of 14 onwards. Students complete self-chosen activities in a number of areas. It is a scheme of personal goal setting, self-discipline and achievement in the areas of:

- I. Physical Activity,
- II. Service to the Community,
- III. Expeditions/ Adventurous Journey (hikes), and a
- IV. Skill (either something the student already does or a new skill the student wishes to develop).

Expeditions/hikes are organized by the school and operate during the school holidays. Students work through the three (3) Awards: Bronze Year 9, Silver Year 10 and Gold Year 11 and Year 12.

http://www.dukeofed.com.au/

Terms: 1-4

**Times:** Tuesday Lunchtime

Venue: N<sub>12</sub>

Cost: Approximately \$285



#### Equestrian

SMC -Mrs Nicole James

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>√</b>

Interested students may compete in teams or individually in a variety of Inter-School competitions, both local, regional and interstate. Competitions are generally conducted under Pony Club or EFA regulations so it is an advantage if a student is a member of a Pony Club. The Uniform is the School tie, white shirt, School jumper, cream/banana jodhpurs, riding boots and approved helmet. Students must have a Girton Grammar School saddlecloth for competitions.

Teams are decided primarily on availability and then on Pony Club Grading. Students are notified of meetings with an email and on the Equestrian ASTRA page some time prior to an event to ascertain students who are interested in competing. Students and their families are responsible for entering and paying for competitions and making their way to and from the competitions. Most competitions include Dressage and Show-Jumping, and some other events

#### Students must have a horse, and be a member of a Pony Club or have EA registration.

Terms: 1-4
Times: Various
Venue: Various

**Cost:** There will be entry cost for each competition



#### **Flute Ensemble**

SMC -Mrs Belinda Krois

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	<b>√</b>	✓	✓	✓	✓

The Flute Ensemble is a small extension ensemble available to students who are already participating in Symphony Orchestra or Concert Band. In this ensemble students have the opportunity to try out the piccolo, alto and bass flutes and to build on their musical skills and repertoire.

Terms: 1-4

Times: Thursday Lunchtime / House Tutor (1.15-2.30pm)

Venue: PAo6

**Cost:** Free of charge





#### **Girton Community Action Group (GCAG)**

SMC - Mrs Melinda Naughton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Girton Community Action Group - (GCAG) has been formed to raise awareness of important social issues in our School and the wider Bendigo Community. We include students from all Senior School levels (7-12).

Some of the issues that we promote and support include: issues surrounding the needs of refugees living in the Bendigo region, Harmony Day, National Sorry Day, RUOK Day, Mental Health Week, White Ribbon Day and Homelessness (Share the Dignity Campaign).

The role of GCAG includes the following:

- Collecting and coordinating donations of second hand quality winter clothing for newly arrived refugee families.
- Fundraising to purchase bedding to supplement what we receive in donations and what they receive as part of their government funded household package.
- Fundraising to purchase basic essential items for people in need
- Raising awareness in the Girton School Community of the issues faced by settling refugees in our own communities.
- Promoting and fostering positive mental health by organising events associated with Harmony Day, NAIDOC Week, RUOK Day, White Ribbon Day and Mental Health Week.

Terms: 1-4

**Times:** Tuesday lunchtime

Venue: M15/M16
Cost: Free of charge





#### **Girton Racing Team**

(HPV, EEV, SEMA, Cycling)

SMC – Mr Nigel Vernon

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>✓</b>	<b>✓</b>	<b>√</b>	<b>√</b>	✓	✓

The Girton Racing Team (GRT) is Human Powered & Energy Efficient Vehicles (HPV/EEV) teams training and competing in race meetings in Victoria, and into South Australia.

What is the Girton Racing Team (GRT)? HPV/EEV riders/drivers meet each Friday and some Sunday sessions at a combination of the Tom Flood Sports Centre and the Bendigo Go-Kart Track. Students learn about the design, building and maintenance of their vehicle as well as the running of a successful racing campaign at 6, 8, 12 and 24-hour events. Students interested in competing in HPV and EEV events will have the opportunity to apply for team selections. The GRT competes in a number of race events in Victoria, including the Bendigo Grand Prix and the Maryborough 24-hour Energy Breakthrough. As in previous years, the GRT may compete in South Australian events also, if interest supports.

GRT members are welcome, but not expected to actively engage in all areas of the GRT.

Terms: 1-4

Times: HPV/EEV (Friday & some Sunday training),

All sessions between 3.45 pm and 5.00 / 5.30 pm

Venue: HPV/EEV (Tom Flood, Bendigo Go Kart track)

Cost: \$50 per Term fee plus event attendance fees for those

opting to compete.



#### **Girton Runners Club**

SMC - Mr Jacob Giudice

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>✓</b>

Girton Runners Club is an active, healthy club for students to improve their physical fitness and mental endurance through the ancient art of running.

Girton Runners Club meet every Wednesday morning at the Girton gymnasium for a training run. Training runs are supportive, social, and challenging. The group leaves at 7.00 am to run the surrounding neighborhoods. Runs vary between 6 and 10 kilometres depending on individual fitness levels and goals.

Senior students (Years 9, 10, 11 and 12) are encouraged to participate in the City2Surf event in Sydney. The 14km run is an amazing spectacle and one of the largest organized Fun Runs in the world. The event will take place on the first weekend of August. Expressions of interest will be sent early in term 1 to secure the best travel arrangements.

The Running Calendar Victoria will be advertised at the beginning of 2024 for students to participate and work towards competing in

To receive Half or Full Colours for Runners Club, students must compete in at least two community runs of 5km or more.

The co-curricular activity caters to all fitness levels, from beginners to elite runners. Students participating in Girton Runners Club are expected to be:

- Committed and dedicated to training.
- Committed to improving fitness levels
- (one run on Wednesday morning is insufficient for this)
- Courteous by emailing the SMC if they cannot attend training.

Terms: 1-4

**Times:** Wednesday 7.00am-8.00am **Venue:** Meet at the Girton Gymnasium



#### **Girton Singers**

SMC - Mrs Laura Dusseljee

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>✓</b>

The Girton Singers, an award-winning ensemble, is a treble-voiced choir. There are no auditions, but members are expected to commit to attending rehearsals regularly and to participating in performances as required.

The Choir enjoys singing in a range of styles and languages and has a special interest in performing contemporary Australian repertoire.

Performances include but are not limited to School Assemblies, Foundation Day, Speech Night, Bendigo Competitions and Royal South Street competitions.

**Term:** 1-4

Times: Tuesday 7.45am-8.40am

**Venue:** J.E Higgs Hall **Cost:** Free of charge



#### Golf

SMC - Mr Ben Furphy

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	1	<b>√</b>	1	1	1

The Girton Grammar School Golf Co-Curriculum will allow students to learn and develop skills related to golf across Terms 1, 2 & 4. Students involved in the program can purchase a discounted junior membership at Neangar Park Golf Club. Lessons will range from full swing, chipping and putting, and on-course management. Students will learn skills from a qualified PGA golf professional. The program aims to get students comfortable with the basics before progressing onto the nine-hole pitch and putt course. Students wanting to play in competitions can do so at the many School Sports Victoria golf events throughout the state.

**Term:** 1,2&4

**Times:** Friday 4.00pm-5.15pm

The bus departs Girton Gymnasium at 3.45 pm and requires a parental pick-up at Neangar Park at 5:15 pm.

Venue: Neanger Park Golf Course

**Cost:** \$70 per term



#### **Group Fitness**

SMC - Miss Kristy Nicholls

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	<b>√</b>	<b>√</b>	✓	1	✓

Group Fitness incorporates cardiovascular and strength training for those interested in improving personal fitness, training for another sport or enhancing general health and wellbeing. Group Fitness caters for all fitness levels and provides the opportunity to work at your own level. Any student from Years Seven to Twelve is welcome to participate. Please bring a towel and a drink.

Terms: 1-4

Venue: C5 & C10 Junior School **Times:** Friday 7.00am-8.00am

Max: 8 Students Cost: \$5 per term





#### **Guitar Ensembles**

SMC - Mr Josh McGuffie

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	1	✓	✓	✓	✓

The Guitar Ensemble program at Girton is streamed to three different levels depending on experience and speciality. The program caters for absolute beginners right through to those playing at VCE level and beyond.

All of Girton's Guitar Ensembles prepare and perform engaging and varied repertoire that reinforces core literacy and technique at every stage. Collaboration is encouraged, and ensembles may work together to prepare items for Ensemble and Recital evenings. Students will be given the opportunity to immerse themselves in music from a range of time periods and cultures across the globe. New students to Girton will be streamed to an appropriate ensemble based upon consultation with Mr McGuffie.

Students who wish to move to a more advanced ensemble may apply in writing to that ensemble's SMC.

Term: 1-4
Times: Various
Venue: Various
Cost: Free of charge



#### Jazz Band SMC- Mr Jacob McGuffie

Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓

This is an extension ensemble for advanced Girton Big Band students, focusing on improvisation, small group jazz and jazz ensemble playing.

**Terms:** 1-4

Times: Monday LunchtimeVenue: Percussion RoomCost: Free of charge



#### **Kayaking**

SMC - Ms Kate Smallacombe

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>✓</b>	1	<b>√</b>	<b>✓</b>	<b>√</b>	✓

Sessions will be conducted at Lake Weeroona on a Wednesday afternoons during Term 1 and 4. With the support of Bendigo Canoe Club and Kayaking Captains, students learn the art of Kayaking in preparation for local competitions or purely for leisure. Kayaks and buoyancy vests will be supplied. Students are expected to wear their Girton sports uniform and hat. Optional equipment: water shoes which can be purchased at outdoor stores.

Terms: 1,2 & 4 (Term 2 - weather and light permitting)

Times: Wednesday 4.00pm -5.15pm

**Venue:** Lake Weeroona **Cost:** Approximately \$80



# Girton

#### **Lions Youth of the Year**

SMC - Mrs Allison Crickmore

"The aim of the Youth of the Year is to encourage personality development, self-confidence and expression, citizenship and leadership in our young people at a time when they are about to enter employment or higher education."

Youth of the Year Quest mission



Girton Grammar School has entered leaders and aspiring leaders into the Lions Youth of the Year Quest for many years. After filling out a six-page application form, the students are invited to an interview, at which they have the opportunity to impress a panel of judges and gain a majority of their total score. Throughout the interview process contestants respond to questions on current affairs and general knowledge. At the club dinner, they must then respond to two impromptu questions with a two minute speech on each, as well as present their five minute prepared speech.

There are two awards presented: Club Youth of the Year Finalist, who is invited to represent the club at the next round of the competition, and Club Public Speaking Award, which can be won by any of the contestants. Potentially, candidates can proceed to a National Final, which is held in one of the State capitals midyear, and even to an international level, the Pacific Region Final, which is usually held in September.

There is no set meeting for Lions candidates; students work individually with the SMC to prepare their speeches and practice interview techniques. A training day may be held, depending upon timings and numbers.

http://lionsclubs.org.au/activities/youth/yoty/

Term: 1
Times: Various
Venue: Various
Cost: No Charge



#### **Lumination Lab**

SMC - Ms Kimberley Clayton

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
/	<b>✓</b>	<b>✓</b>	<b>√</b>	<b>✓</b>	<b>✓</b>

In 2024, there is a new frontier in learning just waiting for you! Do you want to be at the cutting edge of VR Learning? Do you want to help shape the next education revolution? Do you just want to have a lot of fun learning how to use new technologies? Then the Lumination Co-Curric is for you!

You will explore VR technology, learn basic coding using online tools and help to create user guides for various apps and games. Finally, in a self-directed project, you will help induct your Junior School classmates into this exciting new environment.

In addition, you will have the opportunity to be an Ambassador for the Lumination Learning Lab, representing the students at various school events such as Science Week, Open Days and School Tours, etc.

This Semester-based co-curricular activity has limited spaces, so ensure you submit your expression of interest as soon as possible. To apply to be one of the first to experience this new co-curric, please email kimberleyclayton@girton.vic.edu. au explaining (in 50 words or less) why you would like to be a Lumination Learning Lab Champion in Semester 1 2024.

**Terms:** 1-2

**Times:** 1 x lunchtime, 1 x after school per week **Venue:** Lumination Learning Lab, Mo3

Max: 20 places
Cost: Free of charge

Apply: Email kimberleyclayton@girton.vic.edu.au explaining, in 50 words or less, why you want to take part.





#### Middle School Production

SMC - Miss Emily Holmes

Year 7	Year 8	Year 9
<b>√</b>	<b>√</b>	<b>✓</b>

The Middle School Production is a Junior musical, meaning that it is condensed to approximately 1 hour in length. In 2024 the Middle School Production will be **Frozen Jr**, to be performed in the Girton Black Box Theatre in the final week of Term 3. Details of the production and audition process will be communicated at the end of Term 4 2023 for auditions to begin at the mid Term 1 2024. Information will be posted on the Drama noticeboard in the PA building. Entry is via an audition process. Participation helps students to build confidence as performers, team collaboration and builds strong, lasting friendships between students across all year levels.

The Middle School Production is created entirely outside the classroom and involves a large amount of dedication including one after school rehearsal per week, as well as the occasional weekend and school holiday rehearsals in the lead up to the production. It is expected that students maintain their commitment to their studies throughout the production period.

Students are charged a participation fee to cover production rights, costume hire and other consumables.

**Terms:** 1, 2 & 3- Minimum one after school rehearsals

**Times:** One after school rehearsal per week

Venue: Black Box

**Cost:** Approximately \$70 - Costume hire levy

\* Entry is via audition only.



**Music Lessons** 

SMC - Various Music Staff

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>✓</b>	1	✓	1	✓	✓

Music lessons are counted as a Co-Curricular activity if lessons are conducted through the Girton Grammar Music Department.

Terms: 1-4
Times: Various
Venue: Various
Cost: Various

**Apply:** Contact the Performing Arts Administrator,

performingarts@girton.vic.edu.au





SMC - Mrs Linda Gibson

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

WHERE: The Girton Grammar Netball Club competes in the Strathdale Netball Association competition.

WHEN: The season begins in March/April and concludes with finals in September. Senior School games are on a Friday Evening or Saturday morning. This will be confirmed in 2024.

**TEAM STRUCTURE:** All teams have a Coach and a Manager/ Primary Carer. Students must attend trials in Term One if required and return the permission form before they are allocated to a team. Training sessions will commence once teams are finalised and coaches allocated.

UNIFORM: The Netball Uniform can be purchased from Bob Stewart Uniform Shop This must be worn with white sports socks and navy blue or black sports briefs. The long sleeve Girton training top may be worn as well as the Girton Grammar tracksuit to and from the courts. The students should wear the Girton Grammar PE Uniform to training.

Commitment is for a season.

Terms:

Cost:

Times: Training Monday and Wednesday mornings and after

school at the Girton Gymnasium or McKenzie Street

Netball Court.

Games Friday Night/Saturday.

Games are held at the Strathdale Netball Association

Venues yet to be confirmed for the 2024 season.

Approximately \$200. More information regarding cost

will be confirmed early Term 1, 2024





#### One Act Play Festival

SMC - Miss Emily Holmes and Mrs Mandy Ellison

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	1	<b>✓</b>	1	<b>✓</b>	<b>✓</b>

Students form small, self-directed groups and develop a short performance. They then enter into the Girton's One Act Play Festival to perform for parents and friends and to be judged by an adjudicator, with trophies and medals awarded. The work presented should be entirely developed by the students, with staff simply supporting and monitoring the content.

This co-curricular activity is for students who are passionate about Drama and want to gain as much stage experience as possible.

There is a strong emphasis on teamwork and organisation, and students are expected to attend the weekly after-school rehearsal sessions each week, with additional after-school rehearsals in weeks 5,6 and 7.

This co-curricular activity runs for Term One only with rehearsals starting in the second week of Term One with the Festival taking place in Week 8 of Term One.

There is a maximum of fifty places available. If more than fifty students sign up, an audition will be held in the first week, and unsuccessful students will be asked to select a different cocurricular activity.

There is a small fee to cover rehearsal and performance-related costs such as photocopying of scripts, purchase of medals and prizes, and the use of theatre equipment.

OAPF will commence in Week 2 of Term 1 2024

Theme 2024: JUKEBOX - every song has a story

Times: Tuesday 3.45pm - 5.00pm

(with additional Wednesday rehearsals in weeks 5,6,7)

Venue: Black Box Max: 50 places

Cost: Approximately \$50





#### **Pilates**

SMC - Mrs Erin Buckeridge

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	1	✓	✓	✓	✓

Pilates is for everyone! The Pilates repertoire, which includes a mat, is made up of over 600 exercises and variations. There are benefits for everyone.

Pilates is a method of whole-body exercise designed to improve overall fitness and well-being. There is an emphasis on core strength, which develops functional and sustainable movement patterns throughout the whole body.

Pilates aligns your entire body's overall structure and supporting joints. It is a low impact exercise that creates optimal strength through muscle balance and fine-tuning neuromuscular patterns.

Optimal all over body strength from consistent Pilates practice is our goal. Come join Mrs Buckeridge and the team. You won't be disappointed.

Terms: 1-4

Times: Monday 7.10am - 8.10am

Venue: G13

Cost: Free of charge



#### **Public Speaking**

SMC - Mrs Allison Crickmore

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
/	✓	✓	✓	✓	<b>✓</b>

Students in Years 7-9 (Junior Club) prepare and deliver speeches to the rest of the Club. Members of the Junior Club are encouraged to try out for the Legacy Junior Public Speaking Award.

The focus of the Senior Club (Years 10-12) is for students to prepare and rehearse speeches and eventually deliver their speeches at Headmaster's Assemblies. Members of the Senior Club also assist as time-keepers and announcers at school public speaking events such as the VCAA Plain English Speaking Award and the Inter-House Public Speaking Competition.

Terms: 1-4

Times: Tuesday lunchtime

Venue: N27

Cost: Free of charge





Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>✓</b>

Students will learn the art of Rowing conducted by the Bendigo Rowing Club. Boats and buoyancy vests will be supplied. All students will be enrolled in the Learn to Row Program. Students are expected to wear their full Girton sports uniform and a hat. Optional equipment: water shoes which can be purchased at outdoor stores.

Students must make their own way to Lake Weeroona with lessons beginning at 4.00pm sharp.

Terms: 1&4

Times: Wednesday 4.oopm - 5.oopm

Venue: Lake Weeroona Cost: \$80.00 per term





#### **Scale and Game/Dungeons** and Dragons

SMC - Ms Barbara Fielder

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

Strategy games are the order of the day. We play a variety of games, ranging from classic board games like RISK and Chess to newer blockbusters such as Pandemic, Carcassone and Munchkin, Dungeon & Dragons. Card games are also played, such as Exploding Kittens, Saboteur, UNO and Magic: The Gathering.,

Students are welcome to bring along their favourite strategy games to play with other Scale and Gamers or they can join in and play one of the games from our collection.

Terms:

Wednesday lunchtimes Times:

Wednesday 3.45pm - 5.00pm

Venue:

Cost: \$5.00 per term



#### **Senior Concert Band**

SMC's - Mr David Turpie and Mr Kaid Normington

Year 7	Year 8	Year 9	
<b>√</b>	<b>√</b>	<b>√</b>	

Senior Concert Band is appropriate for Woodwind, Brass and Percussion students who have had two or more years of instrumental tuition. Senior Concert Band plays a wide variety of styles of repertoire, from Broadway classics through to traditional Concert Band music.

This ensemble is directed by Mr David Turpie and Mr Kaid Normington. Students are encouraged to join if they are at an approximate Grade 1 AMEB standard or above.

Terms: 1-4

Times: Tuesday lunchtime

**Venue:** PA 03 **Cost:** Free of charge



#### **Senior School Production**

SMC – Ms Mandy Ellison

Year 10	Year 11	Year 12	
<b>√</b>	<b>√</b>	<b>√</b>	

The Senior School Production alternates annually between a full scale musical and a play. In 2024 the production will be **Disney's The Little Mermaid** to be performed at the Ulumbarra Theatre. Details of the production and audition process will be communicated at the end of 2023 for auditions to begin at the start of Term 1 2024. Information will be posted on the Drama noticeboard in the PA building. Entry is via an audition process. Participation helps students to build confidence as performers, team collaboration and builds strong, lasting friendships between students across all year levels.

The Senior School Production is created entirely outside the classroom and involves a large amount of dedication including after school, weekend and even school holiday rehearsals in the lead up to the production. It is expected that students maintain their commitment to their studies throughout the production period.

Students are charged a participation fee to cover production rights, costume hire and other consumables.

**Terms:** 1 & 2 - Minimum two after school rehearsals

Times: Various
Venue: Black Box

**Cost:** Approximately \$70 - Costume hire levy

\* Entry is via audition only.





SMC - Jacinta Jackson

Year 7	Year 8	Year 9	Year 10	Year 11
✓	✓	✓	✓	✓

The Speech Night Performing Arts Showcase Item is a highly polished short musical theatre performance piece presented at both year seven to nine Speech Night and at the year ten to twelve Speech Night. This activity includes singing, acting and dance and (sometimes) acrobatics or a specialist skill. Students from years seven to twelve are invited to audition to be selected for the cast. Regular rehearsals commence after school halfway through Term 3 and continue for Term 4. General rehearsals are provided at no cost to students unless training for a specialist skill is involved. A levy applies to all students to allow for costume hire.

Terms: 3 - 4
Times: Various
Venue: Black Box
Cost: \$20 Costume Hire

 $\mbox{\bf *}$  Entry is via expressions of interest and/or auditions Sign

up will be held in Term 3.





#### Squash

SMC - Mrs Annette Holmes

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>✓</b>

Squash at Girton Grammar School offers students a fun and friendly activity. Students learn the basic skills of Squash and compete in an informal round robin tournaments against others at the same skill level. Coaching by a qualified Bendigo Squash Club member is included and students can extend their skills into competition squash if they wish

**Terms:** 2, 3 & 4 **Times:** TBC

Bus departs Girton at 3.45pm Parental pickup at venue at 5.00pm

**Venue:** Bendigo Squash Centre

Cost: \$80.00 per term



## Stage Make-up SMC - Mrs Nicola Matthew

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	1	1	<b>√</b>	1	✓

The Stage Make-up Co-Curriculum will operate on a similar model to Theatre Tech and Backstage co-curriculum, both of which have been running successfully for many years. Students will be trained in the design and application of stage make-up for a range of school based performances that run throughout the year. The first term of the year will concentrate on training, under the tutelage of a trained make-up artist. These training sessions will begin in week 2 of term 1 and will be held in the dressing rooms of the Black Box every Tuesday. The student team is trained in techniques of applying basic stage make-up, such as; ageing effects and special designs for fantasy etc All Materials and equipment required for training and performances will be supplied, this is covered by the levy.

Once trained, students will be allocated to groups where they will apply stage make-up to actors for various school productions, as well as for publicity and photo shoots throughout the remainder of the year. The dates and times will be made by arrangement, according to the rehearsal and production schedules of each show held. Please note, there may be some weekend and evening commitments involved for publicity and production work

Note: Students must commit to 2 out of the 3 performances for Senior, Middle and Junior School productions and all rehearsals.

Terms: Times: TBC

Venue: Black Box dressing rooms Cost: \$50 per semester Apply: Maximum 20 places



#### **String Orchestra**

SMC - Mrs Cally Bartlett

Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	✓	✓	<b>✓</b>	<b>✓</b>

Membership of the String Orchestra is available to advanced string students in the Senior School and is by invitation of the SMC.

The String Orchestra features prominently in school life and a firm commitment is required throughout the school year. At present this ensemble rehearses on Thursday's at lunchtime.

Terms:

Times: Thursday Lunchtime

Venue: Black Box Cost: Free of charge



#### Student2Student Mentor Program with The Smith Family

SMC - Mrs Allison Crickmore

Year 8	Year 9	Year 10	
✓	✓	✓	

Students in Years Eight and Nine apply directly to Mrs Crickmore to be involved in the Reading Mentor Program. Our students need to be excellent readers and achieving well in their English studies. They must be good communicators and well organised. The Smith Family matches primary school-aged students who are struggling with their reading with a GGS mentor who, over the course of Terms Two and Three, makes at least twice-weekly phone contact with them. It is during these phone calls that the young reading buddy reads to their mentor, who provides assistance and support. A rewarding program for all involved.

Please note: acceptance to this activity is by special application only.

Terms: 2 & 3 Times: Various Venue: Various Level: 8,9 & 10 Cost: Free of charge



## **Symphony Orchestra** SMC - Mrs Cally Bartlett and Mrs Rachel Levett

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>✓</b>	✓	✓	✓	✓	✓

The Girton Grammar School Orchestra is an ensemble which caters for advanced instrumental students and rehearses and performs repertoire ranging from traditional to modern music. This ensemble is the largest instrumental group offered at Girton Grammar School. Secondary students who are competent musicians are encouraged to join. This group features prominently in school life and so a firm commitment is required throughout the entire school year.

Terms:

Times: Monday 3.45pm-5.00pm

PA02/03 Venue: Level:

Cost: Free of charge



#### **Table Tennis**

SMC - Mr Daniel Williams

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1	✓	✓	✓	<b>√</b>	✓

Beginners to Pennant players are welcome with coaching provided for those interested. Students are instructed on correct techniques, playing etiquette and tactics as well as different playing styles. Forehand, Power shots, Defensive shots, Singles & Doubles match simulations and tactics, Top of the table, Endurance, Serving challenges and more.

Genuine team environment and all abilities welcome!

Terms:

Times: Friday. The bus departs Girton Gymnasium at 3.45pm

and returns at 5.45pm

Venue: Eaglehawk Table Tennis Centre Cost: Approximately \$80 per term





#### **Technicians Team**

SMC - Mr Adrian Hodda

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Tech Team provides technical support during events that occur throughout the school year. The team learn how to set up and operate audio-visual equipment such as audio mixers, recording equipment (audio and film), lights and lighting consoles, vision switchers, projection, and presentation software. Students will have multiple opportunities to assist and run the technical operations in events, as well as having the ability to try out a variety of roles.

Events include all assemblies, numerous dramatic and musical performances, school productions, the Foundation Day Service and speech night. As well as many pop-up events throughout the year.

Students joining the Technicians Team are expected to be reliable, trustworthy and to work well in a team environment. Membership of Technicians Team is by application.

Students may approach Mr Hodda if they wish to be considered for membership.

Application includes coming to a session of Tech Team on Tuesdays, a trial event, and also a meeting with the SMC

Terms: 1-4

Times: Year 7 -12 Tuesdays 3:40pm-5:00pm

J.E. Higgs Hall

Cost: Free of charge

It is encouraged that students purchase at least either

a hoodie or a T-shirt for off-site events Uniform charge: Hoodie - \$45

T-Shirt - \$25

Long Sleeve T-Shirt - \$30



#### Tournament of Minds (TOM)

SMC - Mrs Viv Bath

Year 7	Year 8	Year 9	Year 10
<b>√</b>	/	<b>√</b>	1

This activity runs in Terms Two and Three for all students willing to throw themselves into an exciting and enjoyable experience.

Teams of seven students develop a skit, make costumes and props and prepare a solution to a problem over Term Three. They present it to judges at the Regional Finals at the end of Term Three. Students will develop team-work skills, improvisation and leadership.

Tournament of Minds is open to Junior and Senior School students Year Four to Ten, and is a wonderful opportunity for anyone who wishes to try something new and have fun doing it!

This co-curricular activity is very popular so students need to apply and then attend two weeks of auditions before teams are chosen.

Applications and auditions begin in Week 6 Term 1. Then teams meet and compete in Terms 2 and 3.

Terms: 1-3

Times: Thursday 3.30-4.45pm Venue: Junior School Library

**Cost:** \$30





#### **Vocal Stage Craft**

SMC - Ms Jennifer Schatzle

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The Vocal Stagecraft group is a chamber ensemble which focuses on the performance of Music Theatre works. The students learn how to apply specific voice production techniques in ways which enhances their skills in presentation, movement, and expression.

They learn to use appropriate techniques in different genres of Music Theatre, including opera, operetta and more modern music theatre. The students enjoy singing new music which requires other languages, accents, props and even the hint of greasepaint! Vocal Stagecraft will culminate in a showcase presentation, and the singers present items at Assemblies and other school events throughout the year.

Terms: 1-4

**Times:** Friday Lunchtime **Venue:** PA10/11 **Cost:** Free of charge

#### Volleyball

SMC – Mrs Deirdre Tunzi

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	<b>✓</b>

Volleyball is a great way to get fit and meet new friends. We enter teams into the Bendigo Volleyball Association. There are two seasons: the Autumn season runs in Semester One and the Spring season in Semester Two. Students must be available for a full season.

Students must be able to attend both training, matches and duty each week. Volleyball may have a time commitment: of 2-3 hours a week per season.

**Terms:** 1-4 (Two seasons) **Training:** Girton Gymnasium

Tuesday 4.3opm - 5.3opm

Games: Bendigo Stadium

Thursdays between 5.00 -8.00pm

Club fee \$60 per season

Game fees: Junior\$7.00 \$10.00 Seniors team

Bendigo Volleyball and Victoria Volleyball fees also apply



#### Walk and Talk

SMC - Ms Trudy Matthews

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
✓	✓	✓	✓	✓	✓

The 'Walk and Talk' group provide a wonderful opportunity to improve your fitness, connect with friends and make new ones. Each week we can choose a different track around the surrounding neighbourhood, for example: Rosalind Park, the poppet head, the Bendigo creek, combining flat and hilly tracks. A wonderful way to increase your fitness and endurance in preparation for future camps and hike whilst socialising and having some fun.

**Terms:** 1&4

Times: Wednesday 7.15pm - 8.15pm

**Venue:** Meet at Girton Gym **Cost:** Free of charge





#### **Wind Symphony**

SMC - Mr Dave Martin

Year 8	Year 9	Year 10	Year 11	Year 12
<b>✓</b>	✓	✓	✓	✓

The Girton Grammar Wind Symphony caters for advanced Woodwind, Brass and Percussion students. Wind Symphony rehearses and performs a broad range of styles of repertoire, from Movie Themes to universally respected and established Concert Band music.

Terms: 1-4

**Times:** Tuesday lunchtime

**Venue:** PA 02/03 **Cost:** Free of charge



#### World Challenge

SMC - Mr Graham Crickmore

Year 9	Year 10	Year 11
1	✓	✓

#### The next World Challenge expedition is in 2024 NEPAL

This is a chance for students to embark on a challenging 21 day expedition to one of 40 destinations around the World. Students achieve personal and team goals to develop valuable skills for later life such as teamwork, leadership, problem solving and communications. World Challenge is a truly life-changing experience. World Challenge Expeditions run every two years.

Meetings will be conducted on a fortnightly basis when required.

**Terms:** 1-3

**Times:** Meetings advertised via ASTRA **Venue:** Naunton Family Building, lecture theatre

**Cost:** Supplied upon application



#### Yoga

SMC – Mrs Prue Beckwith Instructor - Mrs Nardine Ralph

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
<b>√</b>	1	1	1	<b>√</b>	1

Yoga is comprised of postures, breathing and relaxation techniques which are designed to promote greater health and well-being. Students learn a form of the traditional 'Salute to the Sun', and various other postures which are alternated each week depending on the focus. These postures build strength, improve flexibility, stretch muscles that are impacted by other sport and assist with finding balance in our busy and stressful lives. Students are asked to bring their own yoga mat to each class.

Terms: 1-4

Times: 7.00am - 8.00am Venue: C10 Junior School Cost: \$100.00 per term



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